

The International Alliance of Healthcare Educators (IAHE) is a coalition of healthcare instructors and curriculum developers united to advance innovative therapies through continuing-education programs. Each year IAHE coordinates hundreds of workshops worldwide supporting numerous modalities developed by practitioners renowned in their fields of complementary care.

Workshops Offer:

- ✓ Certified instructors
- ✓ Personal instruction and training-time needed to master the techniques for effective use in practice
- ✓ Balanced mix of lectures, demonstrations and supervised hands-on practice
- ✓ Comprehensive, illustrated study guides
- ✓ Contact hours to help earn continuing education credits
- ✓ Support materials, books and products
- ✓ Access to an international resource network
- ✓ Reduced tuition for course review (based on space availability)
- ✓ Convenient Cancellation Policy

Assurance of Quality

All IAHE workshops are conducted by certified instructors—practicing healthcare professionals who have completed extensive teaching apprenticeship programs.

Continuing Education Units

IAHE classes satisfy requirements for continuing education units in many states for many different professions. Before attending a workshop, please verify CEU acceptance with your profession's state board.

Eligible for IAHP Membership

The International Association of Healthcare Practitioners is a professional network of over 100,000 therapists who've taken classes from IAHE. This organization provides a united voice in the field of complementary healthcare. A voice heard by legislative bodies, insurance regulators, the public, and healthcare providers.

Save up to \$200!

- ✓ Register 60 days in advance & tuition is \$595 (US)
- ✓ Register 30 days in advance & tuition is \$695 (US)
- ✓ Within 30 days, tuition is \$795 (US)
- ✓ Students receive 50% off the tuition*

Call or Click to Register:

800.311.9204 www.iahe.com

All prices are in US dollars. Canadian prices may vary slightly. Some cities are subject to a surcharge.

Prices are subject to change without notice.

*Please call for qualification details.

The International Alliance of Healthcare Educators®
11211 Prosperity Farms Road, Suite D-325
Palm Beach Gardens, Florida 33410
www.iahe.com 800.311.9204, Priority Code TF-IAHE



More IAHE Classes Coming to Your Area

Zero Balancing® I

Boston, MA — October 3-4, 24-25, 2009
Cambridge, MA — July 16-19, 2009
Vergennes, VT — November 5-8, 2009
Watertown, MA — October 1-4, 2009

Zero Balancing® II

Charlottesville, VA — September 11-12, 25-26, 2009
Watertown, MA — August 20-23, 2009
Poland Spring, ME — September 17-20, 2009

Check your Licensing Board
for requirements.

MORE CEUS
NCBTMB Provider #025785-00

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Advance Your Practice



Advance Your Career

CranioSacral Therapy I

Developed by John E. Upledger, DO, OMM

Boston, MA — August 6-9, 2009
Burlington, VT — July 9-12, 2009
New York, NY — September 10-13, 2009
Washington, DC — August 13-16, 2009

Visceral Manipulation I

Developed by Jean-Pierre Barral, DO

Boston, MA — August 6-9, 2009

Healing From the Core

Developed by Suzanne Scurluck-Durana, CMT, CST-D

New York, NY — September 10-13, 2009
Washington, DC — August 13-16, 2009

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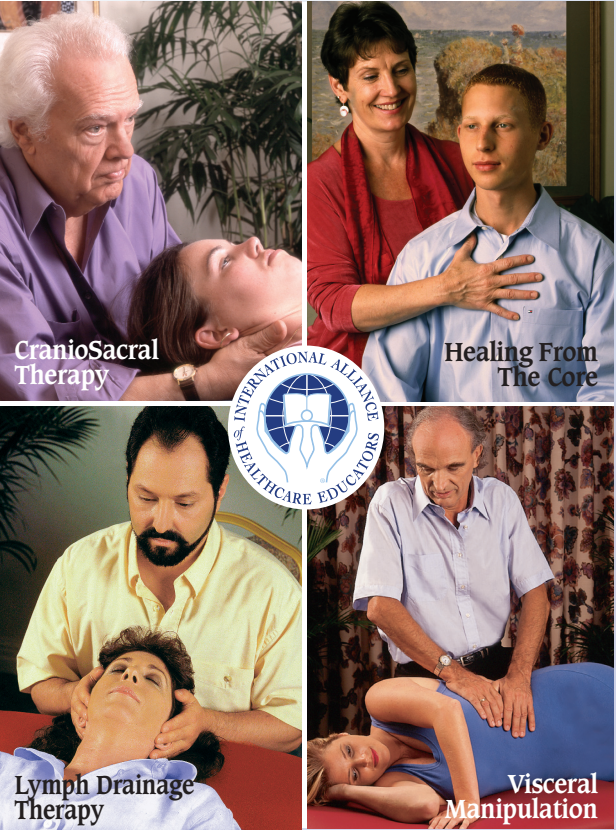


More IAHE Classes Coming to Your Area

- Zero Balancing® I**
Omaha, NE — August 6-9, 2009
Omaha, NE — September 24-27, 2009
Kansas City, MO — October 8-11, 2009
- Zero Balancing® II**
Omaha, NE — July 30-August 2, 2009
Omaha, NE — October 22-24, 2009

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- CranioSacral Therapy I**
Developed by John E. Upledger, DO, OMM
- Austin, TX — August 20-23, 2009
Columbus, OH — July 9-12, 2009
Indianapolis, IN — July 16-19, 2009
Milwaukee, WI — July 23-26, 2009
New Orleans, LA — August 20-23, 2009
Oklahoma City, OK — July 16-19, 2009

- Lymph Drainage Therapysm I**
Developed by Bruno Chikly, MD, DO (hon.)
- Indianapolis, IN — July 16-19, 2009

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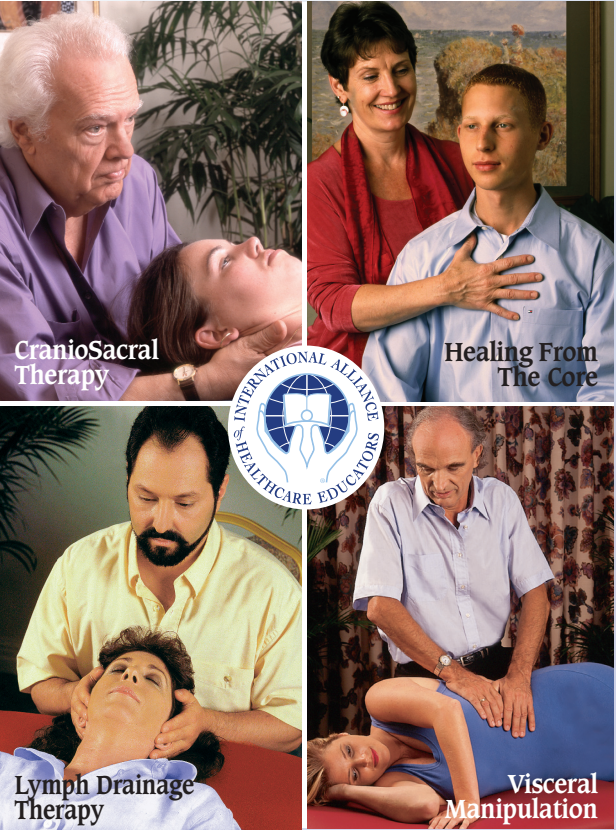


More IAHE Classes Coming to Your Area

- CranioSacral Therapy II**
Charlotte, NC — September 17-20, 2009
- CranioSacral Therapy for Pediatrics I**
Palm Beach, FL — July 30-August 2, 2009
- Therapeutic Imagery and Dialogue I**
Fort Lauderdale, FL — July 10-12, 2009
- CranioSacral Therapy and the Immune Response**
Palm Beach, FL — July 30-August 2, 2009
- Lymph Drainage Therapysm II**
Charlotte, NC — September 17-20, 2009
Palm Beach, FL — July 17-20, 2009
- Heart Centered Therapy 2: Soul Ignition**
Sarasota, FL — July 9-12, 2009
- Clinical Acupressure 1: Basic Applications**
Naples, FL — July 13-16, 2009

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Advance Your Practice



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CranioSacral Therapy I

Developed by John E. Upledger, DO, OMM
Birmingham, AL — September 24-27, 2009
Charlotte, NC — September 17-20, 2009
Fort Lauderdale, FL — September 12-13, 19-20, 2009
Nashville, TN — August 27-30, 2009
Raleigh, NC — July 23-26, 2009

Lymph Drainage Therapysm I

Developed by Bruno Chikly, MD, DO (hon.)
Nashville, TN — August 27-30, 2009

Healing From the Core

Developed by Suzanne Scurlock-Durana, CMT, CST-D
Raleigh, NC — July 23-26, 2009

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More IAHE Classes Coming to Your Area

Zero Balancing® II

Boise, ID — September 10-13, 2009
San Rafael, CA — October 1-4, 2009

**Heart Centered Therapy 1:
Mastering Dialoguing Skills**

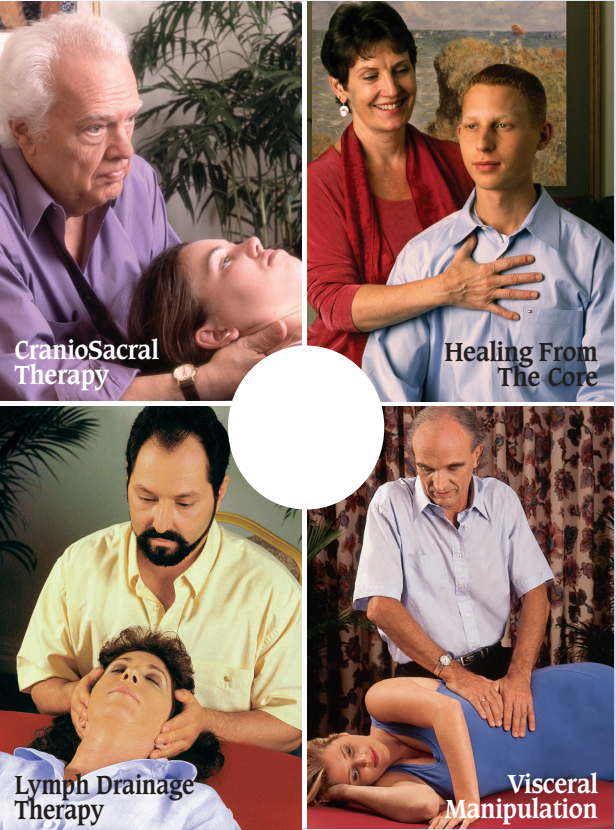
Maui, HI — December 4-7, 2009
Salem, OR — September 10-13, 2009

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Advance Your Practice



Advance Your Career

CranioSacral Therapy I

Developed by John E. Upledger, DO, OMM
Edmonton, AB — September 24-27, 2009
Oahu, HI — September 10-13, 2009
Seattle, WA — September 10-13, 2009

Lymph Drainage TherapySM I

Developed by Bruno Chikly, MD, DO (hon.)
Portland, OR — September 24-27, 2009
Seattle, WA — September 10-13, 2009

Healing From the Core

Developed by Suzanne Scurlock-Durana, CMT, CST-D
Big Sur, CA — July 12-17, 2009

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www.iahe.com



CranioSacral Therapy I

Developed by John E. Upledger, DO, OMM

Few systems have as much impact on the human body as the craniosacral system. It protects and nourishes the brain and spinal cord and affects nearly every aspect of central nervous system performance.

That's why CranioSacral Therapy is so critical to your healthcare practice. Developed after years of university research and testing, it allows you to release fascial restrictions anywhere on the body that may be impinging on the craniosacral system and every other system it interacts with.

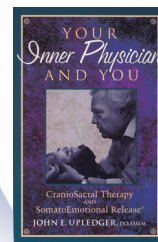
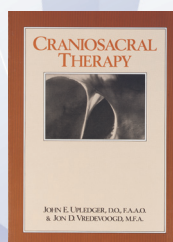
In this workshop you'll learn gentle techniques to normalize the craniosacral system and allow the body to self-correct. By unraveling pain and dysfunction at the source, you'll help eliminate stress, strengthen resistance to disease, and enhance health on every dimension.

Enhance Your Skill Level

- Develop finely tuned palpation skills that will help you identify the subtle craniosacral rhythm and interpret its patterns to evaluate dysfunction and improvements
- Apply CranioSacral Therapy to a number of common ailments such as TMJ dysfunction, head and neck pain, central nervous system disorders and many more
- Release dural tube restrictions to enhance interactions between the central nervous system and the body
- Locate the source of physical problems by traveling through the fascial system
- Use techniques that produce dramatic health and relaxation effects
- Put a simple 10-Step Protocol into practice right away

Required Preparation:

CranioSacral Therapy Book and Your Inner Physician and You Book

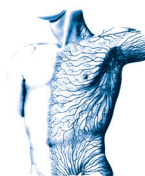


"I now use this work as an assessment tool for all my clients and at least 80% of my treatment. My caseload is almost entirely end-of-the-line chronic pain in which other therapies have failed, and I'm amazed at the results I'm getting using Cranio-Sacral Therapy."

— J.B., PT

Tuition: Starting at \$595 (US) with 60-day advance registration.

Learn How to Save Up to \$200



Lymph Drainage Therapy I

Developed by Bruno Chikly, MD, DO (hon.)

Did you know that many of your clients may be suffering from slow or stagnant lymph circulation? Healthy circulation is critical to the body's ability to operate at peak performance. Otherwise toxins can accumulate and compromise cellular functioning, leading to disease and dysfunction.

This original hands-on approach created from award-winning research takes traditional lymph drainage techniques and adds a level of precision consistent with recent scientific discoveries.

Combining anatomical science and distinct manual techniques, you'll learn to detect the specific rhythm, direction, depth and quality of the lymph flow anywhere in the body.

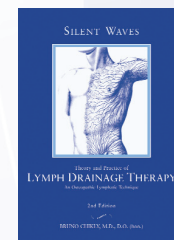
Then you'll use subtle maneuvers to activate lymphatic circulation to drain fluids, filter toxins, regenerate tissues and help maintain a healthy immune system.

Improve Lymphatic Circulation

- Perform techniques that help you move lymph and interstitial fluid through the whole body to cleanse it of toxins
- Work with specific lymph-drainage sequences for the face and the body
- Travel through the body via the "lymphatic highway" to improve fluid flow and help maintain a healthy immune system
- Observe the 10 key points for optimal lymph-drainage results
- Put protocols and self-help techniques into practice right away

Required Preparation:

Silent Waves: Theory and Practice of Lymph Drainage Therapy Book

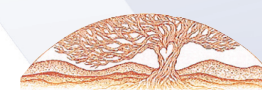


"I have seen a real switch in my practice. Probably 60% of my sessions are now LDT. Your work is so dramatic. We correct the flow, enhance it, and people see problems get better."

— J.O., LMT, CST-D

Tuition: Starting at \$595 (US) with 60-day advance registration.

Call 800.311.9204 or click www.iahe.com



Healing From the Core:

Grounding and Healthy Boundaries

Developed by Suzanne Scurlock-Durana, CMT, CST-D

Body Workers need full access to their inner and outer resources in order to manage the daily demands presented to them. In Healing From the Core (HFCC) you'll learn to tap into the body's wisdom to inform and help navigate your living, working, healing activities.

HFCC will enable you to:

- Rejuvenate and nourish yourself in healthy ways
- Connect with the joy already present in your life
- Hold a healing space and a therapeutic presence for others
- Remain fully present, even in situations of extreme stress

In this workshop you'll learn powerful techniques to become a more effective therapist, improve your client outcomes and create an inspiring life.

Required Preparation: *Healing From the Core: A Journey Home to Ourselves* Audio Program

Tuition: Starting at \$495 (US) with 60-day advance registration.



Visceral Manipulation 1

Developed by Jean-Pierre Barral, DO

Synchronicity—the meaningful relationships of the body's organs and tissues. That's what Visceral Manipulation (VM) is all about.

At optimal health, the harmonious relationship between organs (viscera) and structures of the body (muscles, membranes, fasciae and bones) remains stable. But when viscera cannot move within surrounding structures, the body works against itself creating chronic irritation, musculoskeletal dysfunction, postural distortion, pain and compensation.

In Visceral Manipulation you'll learn delicate techniques that improve the balance and well-being of the body by enhancing the mobility and physiologic expression of organs and their relationship to functional systems. These gentle manipulations can potentially improve the functioning of individual organs, the systems the organs function within, and the structural integrity of the entire body.

Required Preparation: *Visceral Manipulation* Book and portions of *Atlas of Human Anatomy* by Frank Netter, MD or *Anatomy: A Regional Atlas of the Human Body* by Carmine Clemente

Tuition: Starting at \$595 (US) with 60-day advance registration.