Thank you for your interest in forming and leading an Upledger Institute International study group. We commend your willingness to share your knowledge and experience with other healthcare practitioners. Study groups provide therapists a supportive setting in which to network, share ideas and hone skills.

Upledger Institute International-sanctioned study groups receive the full support of the Institute. This includes advertisement on our website, flyers posted at workshops, and mention of your group, as appropriate, to eligible practitioners when they call. In addition, you have access to Upledger's International Association of Healthcare Practitioners directory from which you can find potential members.

To ensure the quality of each Upledger Institute International study group, we require leaders obtain:

- a recommendation from a [Upl!-certified CranioSacral Therapy instructor](#)
- be [Upl! CranioSacral Therapy Techniques Certified](#)
- be an active [CST Teaching Assistant](#) and have assisted a minimum of three classes with an average score of at least 4.5

A Study Group Leader Application follows for you to complete and return. We request the instructor recommendation be submitted in writing to us by mail, e-mail or fax. The instructor may write his or her own letter or simply sign and submit the recommendation form provided at the end of the Study Group Leader Application.

Also complete and return the following Study Group Information form. This will register your study group with the Institute and provide important details that will be given to prospective members.

It is crucial that the information conveyed by Study Group Leaders be timely and consistent. To ensure this level of quality information, you must successfully TA at least once every 3 years. If there is a lapse of three or more years, you will be required to successfully repeat CranioSacral Therapy 1 before becoming a Study Group Leader again.
UII CST Study Group Leader Application

Please supply all applicable information and return to:
 info@upledger.com or Fax 561.622.4771

Name: __________________________________________________________
Address: __________________________________________________________
Phone/s: __________________________________________________________
Email: __________________________________________________________

___ I am an active CST teaching assistant with The Upledger Institute. The most recent workshop(s) I have assisted are:
Workshop _______________ City _________________ Date ______________
Workshop _______________ City _________________ Date ______________
Workshop _______________ City _________________ Date ______________

___ Instructor Recommendation below
I recommend ____________________________ to lead an Upledger Institute CST study group. I believe he/she is well qualified to present the CranioSacral Therapy material and represent The Upledger Institute professionally.

Please include the following information about the applicant:
What is your professional relationship to the applicant:
TA with them ________ (date of last time): _________________________
Instructor: ________ (date of last class) _____________________________
Co-worker: _________
Other (specify); _____________________________________________

Has the applicant performed CST techniques on you, and if so, when? __________

Why do you think the applicant would be a good UII CST Study Group Leader? Other Comments?

Instructor signature________________________________ Date _______________

OR

____ Instructor Recommendation already on file at UII
UII CST Study Group Information

The following information will be used to provide details about your group to prospective members. Inclusion of study group listings in our marketing materials often requires significant lead time, so we encourage you to submit this information as soon as possible. Live listings are found on our website.

Study Group Leader Name: __________________________________________________________

Study Group City _________________________________________________________________

Specific Location_______________________________________________________________

Meeting Dates (e.g., first Monday of every month)___________________________________

Meeting Times _________________________________________________________________

Member Eligibility Requirements (e.g., completion CS1)_______________________________

Fee, if any (Some groups charge a nominal $5-$10 per meeting fee)___________________

Contact Information:

Name____________________ Phone _________________ E-mail ________________________

Additional Leader(s)

Name____________________
Name____________________
Name____________________

* Please note - This application must be completed in its entirety for your Study Group Application to be properly processed and your Study Group to be posted on our website. Study groups are designed to review material and techniques already presented and are not an environment to teach new material. Study Groups should be tailored to the educational level of the participants and the material presented should not exceed the Study Group Leader's personal level of training with The Upledger Institute.

The Upledger Institute International
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