



## Pre and Post Workshops

### Thursday, April 19, 9 am - 5 pm Ethics in Action Suzanne Scurlock-Durana, CMT, CST-D



Healthy boundaries are critical for the discernment of ethical and non-ethical feelings, tendencies and behaviors in the treatment room. The skills of full body presence develop or enhance somatic and boundary awareness and provide the tools necessary to be grounded, and energetically full.

This course contains theoretical frameworks and discussion of the permeable, semi-permeable and rigid boundaries necessary for dealing ethically with the intimacy of the therapeutic connection in bodywork.

All of these skills enable you to establish and maintain ethical professional relationships.

**Contact Hours:** 6

**Tuition:** \$150; Register by February 18th to receive a \$25 discount.

### Monday, April 23, 9 am - 5 pm Are You Prepared for CST Certification Techniques? Mable B. Sharp, MS, PT, CM, CST



We want to help you get ready for your exams. CranioSacral Therapy Techniques Certification Preparation is a new class that lets you tap into the knowledge and experience of someone who has the inside track on the exam process.

This is your forum to ask a certified examiner questions about the CST Techniques Certification exam; learn the subjects that are particularly important for you to focus on when studying; gain insights into how to best utilize your time in preparing for testing; and participate in exam practice sessions.

**Contact Hours:** 6

**Tuition:** \$150; \$75 discount for those attending the BTDI2

### April 13-17, 2012 • Intensive Therapy Program • Upledger Clinic • Palm Beach Gardens, FL

Chas Perry, PhD, CST-D and Kat Perry, NCBTMB, CST, Integrative Intentions, are offering a Comprehensive Therapy Program (CTP) that includes CranioSacral Therapy integrated with multiple modalities of treatment. This concentrated and extended program facilitates healing in an efficient and profound way.

During a CTP, therapists are organized into client-specific teams, varying in size from two to five therapists for each client. Call 800.233.5880 for details on how to participate as a client, or as a therapist.



April 19-22, 2012 ✕ Jupiter Beach Resort, FL

## Learn, Explore, Share, Renew and Connect...It's a CranioSacral Celebration!

### Participant notes from past Beyond the Dura Conferences:

*"It was most enjoyable, and a grand way for those of us in other parts of the world to touch base."*

— CH, Perthshire, Scotland

*"I enjoyed my time. It was obvious that much planning went into logistics—talks beginning and ending on time, comfy temperatures, a beautiful facility in an extraordinary setting. Thanks for all your efforts."*

— DC, Woodstock, IL



11211 Prosperity Farms Road, Suite D-325  
Palm Beach Gardens, FL 33410  
www.upledger.com

Join us!



**Celebrating  
CranioSacral Therapy –  
Honoring the Origins,  
Exploring the Future**

April 19-22, 2012 • Jupiter Beach Resort, FL

- 11 Engaging presenters
- 2 Lively panel discussions: *Ask the Experts* and *New Applications of CST*
- 8 Special-focus breakout sessions to choose from
- International networking
- Leisure time to renew friendships





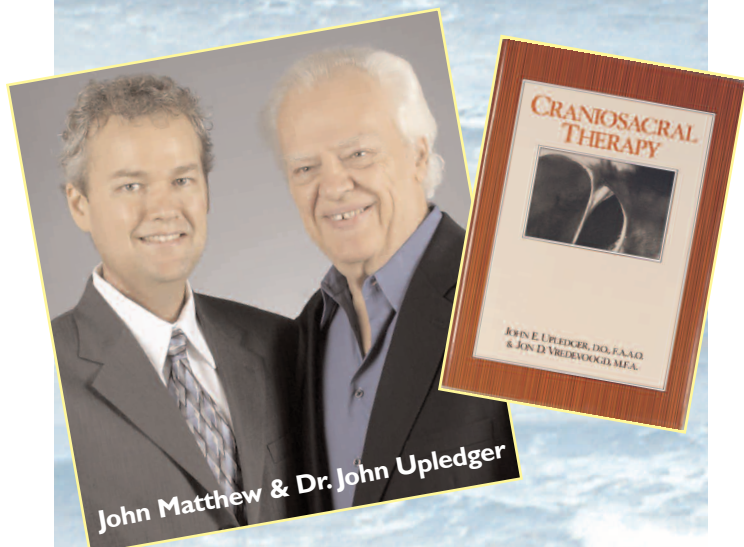
## Celebrate CranioSacral Therapy April 19-22, 2012 at the beautiful, oceanside Jupiter Beach Resort

### CONFERENCE DETAILS:

Join John Matthew Upledger and CST alumni from around the globe to celebrate the development and success of CranioSacral Therapy.

It was forty years ago that John E. Upledger, DO, OMM, first witnessed the craniosacral pulse phenomena while in surgery; his subsequent development of the CST techniques and protocol has had a measurable impact in the natural healthcare evolution, inspiring practitioners and helping their patients worldwide.

Help us celebrate Dr. Upledger's 80th year and the 30th anniversary of his groundbreaking text, **CranioSacral Therapy**. Learn from CST experts, explore new applications of CST, share case studies, discuss difficult cases - and re-energize!



**Schedule:** The conference kicks off at 5 pm on Thursday, April 19th with a Welcome Wine and Cheese Reception and opening remarks. From Friday, April 20th through Sunday, April 22nd, there are lectures, demonstrations, panel discussions and a choice of breakout sessions starting at 9 am each day. Leisure and social time daily — especially Saturday night's retro-costume *Celebration Party-A Walk Down Memory Lane*.

**Location:** The Jupiter Beach Resort in Jupiter, Florida, located directly on the Atlantic Ocean in the northern Palm Beaches. Special room rates are available in limited quantity: Single/double-\$179, Suite-\$209. Simply call the resort directly at 561-746-2511 and ask for the Upledger Group Code: UPLEDD0414. Group rate cut-off: March 20, 2012.

**Tuition:** From \$245-\$595. Special pricing for early registration, Advanced CST Practitioners, and IAHP Medallion Members. Contact us for details. Tuition includes admittance to Welcome Reception, all presentations and the Saturday evening Celebration Party.

**Contact  
Hours:** 18



**Register today:  
800-233-5880 • www.upledger.com**

### PRESENTATIONS:



Chas Perry  
PhD, CST-D



Carol McLellan  
CMT, CST-D



Rebecca M. Ridge  
PhD, LMT



Jose Luis Batlle  
DO



Suzanne  
Scurlock-Durana  
CMT, CST-D



Tad Wanveer  
LMT, CST-D



**SPECIAL GUEST**  
Mary Morrissey  
MA, DD



Kat Perry  
NCBTMB, CST



Eric Moya  
CST-D, RMTI, LMT



Kenneth Koles  
PhD, LAc, DSc



Michael Morgan  
LMT, CST-D

### GENERAL SESSIONS

**Friday, April 20th**

#### **The Essence of Upledger** **Chas Perry PhD, CST-D**

Remembering, practicing and exploring the essence of Dr. Upledger's life work reveals a new paradigm in healthcare.

#### **Wisdom From the Womb** **Carol McLellan, CMT, CST-D**

Experience the joy that comes from helping clients through the full childbirth process: from the application of CranioSacral Therapy during thoughts of conception through to the delivery of the precious treasure.

#### **The Impact of CranioSacral Therapy for High Needs Children in Hong Kong and Mainland China; A Research Report**

#### **Rebecca M. Ridge, PhD, LMT, CST-D**

Hear the heartwarming case studies from four years of research with Chinese children who have experienced birth trauma, genetic disorders, learning disabilities, and autistic spectrum disorder.

#### **The Price of Bipedestation, The Primary Pull**

#### **Jose Luis Batlle, DO**

Primary Pull is the name given to a meningeal tissue retraction which compromises the entire craniosacral system. This retraction or pull takes place during the last months of gestation and the expulsion phase and is an area worth consideration when facing a craniosacral issue, and its evaluation and treatment are critical.

#### **Panel: Ask the Experts**

**Saturday, April 21st**

#### **Upledger Retrospective**

#### **Suzanne Scurlock-Durana, CMT, CST-D**

Dr. Upledger has shared CST with the world; hear a personal perspective of the trials and tribulations over the past 25 years.

#### **A Road Ahead: The Visionary Work of John E. Upledger, DO, OMM**

#### **Tad Wanveer, LMT, CST-D**

Dr. Upledger's work is a visionary path of brilliant ideas: learn how his ideas will shape the ongoing evolution of CranioSacral Therapy.

#### **Dolphin Assisted Therapy**

#### **Chas Perry, PhD, CST-D and Kat Perry, NCBTMB, CST**

History, experiences and ethics of Dolphin Assisted Therapy and BioAquatics, with in-person patient perspectives.

#### **Panel: Future Applications of CranioSacral Therapy**

### BREAKOUT SESSIONS

**Sunday, April 22nd - Morning (choose one)**

#### **Healing From the Core**

#### **Suzanne Scurlock-Durana, CMT, CST-D**

Develop a deep awareness of self to build confidence and to thrive even in the midst of chaos, family and work demands, or the pressure to perform.

#### **Touching The Brain: The Pia To Glia Connection**

#### **Tad Wanveer, LMT, CST-D**

Are glial cells the means by which CranioSacral Therapy optimizes brain and spinal cord function?

#### **Transformative Tools for Whole Health**

#### **Carol McLellan, CMT, CST-D and Special Guest, Mary Morrissey MA, DD**

Combine the concepts of Human Potential with CranioSacral Therapy to learn how to empower the emergent potential of the Inner Physician with constructive thought, and to tap into the profound power of the body, mind and spirit to enjoy amazing health on unlimited levels.

#### **Body Alchemy and the Neurobiology of Transformation and Healing for Trauma and Abuse**

#### **Rebecca M. Ridge, PhD, LMT, CST-D**

Learn how Body Alchemy transforms the dross or wounds of past trauma, abuse and neglect into a rewired and rebalanced nervous system that synthesizes a calmer wisdom for the body-mind.

**Sunday, April 22nd - Afternoon (choose one)**

#### **Dolphins and the Ecology of Healing (Part 1) and Bringing the Touch of CST to Trauma (Part 2)**

#### **Chas Perry, PhD, CST-D and Kat Perry, NCBTMB, CST**

Part 1 - Explore the emerging ethos and processes of interspecies healing through the experiences of the Upledger-based Dolphin Assisted Comprehensive Therapy Programs.

Part 2 - Learn about CST programs for trauma, including the history of the programs for Vietnam Vets and Post 9/11 in New York, and current Upledger-based projects.

#### **CranioSacral Therapy and the Self: Working with the Mind/Body Beyond Trauma**

#### **Eric Moya, CST-D, RMTI, LMT**

In CranioSacral Therapy we are working with an individual's entire history as it is contained in the tissues from traumatic experiences, movements, gestures, and postures. With a slight shift in focus and a broadening of skills, we can begin working with the sense of Self that is also contained in our tissues.

#### **Unwinding the 8 Extraordinary Meridians of Acupuncture with CST for Health, Vitality and Longevity**

#### **Kenneth Koles, PhD, LAc, DSc**

The 8 Extraordinary Meridians are the electromagnetic matrix that forms our bodies. Learn to use the cranial rhythm of the body to unwind the meridians for optimal selection and usage of our genetic code, to regenerate and rebalance our physiology.

#### **CranioSacral Therapy and Geriatrics: Reversal of the Aging Process**

#### **Michael Morgan LMT, CST-D**

Explore the role of the inflammatory response in the aging process and discover the groundbreaking research on the effect of CranioSacral Therapy on Alzheimer's and dementia.