

Upledger's CST Courses Promise

- Certified instructors, practicing healthcare professionals, who have completed extensive teaching apprenticeship programs
- Personal instruction and training time needed to master the techniques for effective use in practice
- Balanced mix of lectures, demonstrations and supervised hands-on practice
- Comprehensive, illustrated study guides
- Contact hours to help earn continuing education credits
- Support materials, books and products
- Access to an international resource network
- Reduced tuition for course review (based on space availability)
- Convenient Cancellation Policy



Continuing Education Units

NCBTMB Provider #025785-00. Check your Licensing Board for requirements.

Our classes satisfy requirements for continuing education units in many states for many different professions. Before attending a workshop, please verify CEU acceptance with your profession's state board.



The Upledger Institute is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. CranioSacral Therapy I is offered for 2.4 CEUs (introductory level, professional area). ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

International Association of Healthcare Practitioners (IAHP)

After completing your Upledger CranioSacral Therapy I class, you are automatically eligible for membership in the International Association of Healthcare Practitioners. A professional network of over 150,000 therapists trained by a coalition of developers of innovative healthcare therapies, the IAHP is at the forefront of raising awareness and acceptance of complementary healthcare – it serves as your voice before legislative bodies, insurance regulators, the public, and healthcare providers.



Ui THE UPLEDGER INSTITUTE, INC.®

The Upledger Institute, Inc.® is a proud member of the International Alliance of Healthcare Educators®

Call or Click: 800.233.5880 • www.upledger.com

Ui THE UPLEDGER INSTITUTE, INC.®

11211 Prosperity Farms Road, Suite D-325
Palm Beach Gardens, Florida 33410
www.upledger.com • 800.233.5880, Priority Code DMF09

What techniques do you want to learn?

CranioSacral Therapy received the highest number of responses to this question according to a recent survey conducted by a national trade magazine.

New!
Upledger's CST Pricing.
Now Only \$100*/Month
Call for Details Today

Region 1 • NE, NES, NY, ON, MA © August 2009
♻️ Printed on recycled paper with vegetable-based inks.

CRANIOSACRAL THERAPY: Selected as #1 Technique to Learn



Now for just
\$100* per month

Dr. John E. Upledger, Developer

Isn't it time you discover the benefits of CranioSacral Therapy?

- Learn new skills that enable you to address a wide variety of health issues
- Boost your earning power by expanding your practice capabilities
- Use light-touch techniques that reduce the strain on your body
- Take advantage of Upledger's nearly 100,000-member alumni network to grow professionally and personally

Join us for one of these upcoming classes:

Upledger CranioSacral Therapy I

Hartford, CT – Oct. 1-4, 2009

New Jersey Shore, NJ – Nov. 12-15, 2009

Toronto, ON – Nov. 28-Dec. 1, 2009

Boston, MA – Dec. 3-6, 2009

Washington, DC – Jan. 14-17, 2010

Philadelphia, PA – Jan. 28-31, 2010

Other dates and locations available. Call for details.

Ui THE UPLEDGER INSTITUTE, INC.®

***New! Upledger's CST Core-Pak. Ask about it today!**

Call or Click: 800.233.5880, priority code DMF09

www.upledger.com

Upledger's CST Courses Promise

- Certified instructors, practicing healthcare professionals, who have completed extensive teaching apprenticeship programs
- Personal instruction and training time needed to master the techniques for effective use in practice
- Balanced mix of lectures, demonstrations and supervised hands-on practice
- Comprehensive, illustrated study guides
- Contact hours to help earn continuing education credits
- Support materials, books and products
- Access to an international resource network
- Reduced tuition for course review (based on space availability)
- Convenient Cancellation Policy



Continuing Education Units

NCBTMB Provider #025785-00. Check your Licensing Board for requirements.

Our classes satisfy requirements for continuing education units in many states for many different professions. Before attending a workshop, please verify CEU acceptance with your profession's state board.



The Upledger Institute is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. CranioSacral Therapy I is offered for 2.4 CEUs (introductory level, professional area). ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

International Association of Healthcare Practitioners (IAHP)

After completing your Upledger CranioSacral Therapy I class, you are automatically eligible for membership in the International Association of Healthcare Practitioners. A professional network of over 150,000 therapists trained by a coalition of developers of innovative healthcare therapies, the IAHP is at the forefront of raising awareness and acceptance of complementary healthcare – it serves as your voice before legislative bodies, insurance regulators, the public, and healthcare providers.



Ui THE
UPLEDGER
INSTITUTE, INC.®

The Upledger Institute, Inc.® is a proud member of the International Alliance of Healthcare Educators®

Call or Click: 800.233.5880 • www.upledger.com

Ui THE
UPLEDGER
INSTITUTE, INC.®

11211 Prosperity Farms Road, Suite D-325
Palm Beach Gardens, Florida 33410
www.upledger.com • 800.233.5880, Priority Code DMF09

What techniques do you want to learn?

CranioSacral Therapy received the highest number of responses to this question according to a recent survey conducted by a national trade magazine.

New!
Upledger's CST Pricing.
Now Only \$100*/Month
Call for Details Today

Region 2 • MW, PS, GS © August 2009
♻️ Printed on recycled paper with vegetable-based inks.

CRANIOSACRAL THERAPY: Selected as #1 Technique to Learn



Dr. John E. Upledger, Developer

Isn't it time you discover the benefits of CranioSacral Therapy?

- Learn new skills that enable you to address a wide variety of health issues
- Boost your earning power by expanding your practice capabilities
- Use light-touch techniques that reduce the strain on your body
- Take advantage of Upledger's nearly 100,000-member alumni network to grow professionally and personally

Join us for one of these upcoming classes:

Upledger CranioSacral Therapy I

Akron, OH – Oct. 1-4, 2009
Minneapolis, MN – Oct. 22-25, 2009
Winnipeg, MB – Nov. 5-8, 2009
Dallas/Fort Worth, TX – Nov. 12-15, 2009
Appleton, WI – Dec. 10-13, 2009
Chicago, IL – Dec. 10-13, 2009
Wichita, KS – Jan. 7-10, 2010
Cincinnati, OH – Jan. 14-17, 2010
St. Louis, MO – Jan. 28-31, 2010
San Antonio, TX – Jan. 28-31, 2010

Other dates and locations available. Call for details.

Ui THE
UPLEDGER
INSTITUTE, INC.®

***New! Upledger's CST Core-Pak. Ask about it today!**

Call or Click: 800.233.5880, priority code DMF09

www.upledger.com

Upledger's CST Courses Promise

- Certified instructors, practicing healthcare professionals, who have completed extensive teaching apprenticeship programs
- Personal instruction and training time needed to master the techniques for effective use in practice
- Balanced mix of lectures, demonstrations and supervised hands-on practice
- Comprehensive, illustrated study guides
- Contact hours to help earn continuing education credits
- Support materials, books and products
- Access to an international resource network
- Reduced tuition for course review (based on space availability)
- Convenient Cancellation Policy



Continuing Education Units

NCBTMB Provider #025785-00. Check your Licensing Board for requirements.

Our classes satisfy requirements for continuing education units in many states for many different professions. Before attending a workshop, please verify CEU acceptance with your profession's state board.



The Upledger Institute is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. CranioSacral Therapy I is offered for 2.4 CEUs (introductory level, professional area). ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

International Association of Healthcare Practitioners (IAHP)

After completing your Upledger CranioSacral Therapy I class, you are automatically eligible for membership in the International Association of Healthcare Practitioners. A professional network of over 150,000 therapists trained by a coalition of developers of innovative healthcare therapies, the IAHP is at the forefront of raising awareness and acceptance of complementary healthcare – it serves as your voice before legislative bodies, insurance regulators, the public, and healthcare providers.



The Upledger Institute, Inc.® is a proud member of the International Alliance of Healthcare Educators®

Call or Click: 800.233.5880 • www.upledger.com



11211 Prosperity Farms Road, Suite D-325
Palm Beach Gardens, Florida 33410
www.upledger.com • 800.233.5880, Priority Code DMF09

What techniques do you want to learn?

CranioSacral Therapy received the highest number of responses to this question according to a recent survey conducted by a national trade magazine.

New!
Upledger's CST Pricing:
Now Only \$100*/Month
Call for Details Today

Region 3 • SE, FL © August 2009
♻ Printed on recycled paper with vegetable-based inks.

CRANIOSACRAL THERAPY:
Selected as #1 Technique to Learn



Isn't it time you discover the benefits of CranioSacral Therapy?

- Learn new skills that enable you to address a wide variety of health issues
- Boost your earning power by expanding your practice capabilities
- Use light-touch techniques that reduce the strain on your body
- Take advantage of Upledger's nearly 100,000-member alumni network to grow professionally and personally

Join us for one of these upcoming classes:
Upledger CranioSacral Therapy I

Palm Beach, FL – Oct. 31-Nov. 3, 2009

Orlando, FL – Dec. 3-6, 2009

Sarasota, FL – Jan. 7-10, 2010

Other dates and locations available. Call for details.



*New! Upledger's CST Core-Pak. Ask about it today!
Call or Click: 800.233.5880, priority code DMF09
www.upledger.com

Upledger's CST Courses Promise

- Certified instructors, practicing healthcare professionals, who have completed extensive teaching apprenticeship programs
- Personal instruction and training time needed to master the techniques for effective use in practice
- Balanced mix of lectures, demonstrations and supervised hands-on practice
- Comprehensive, illustrated study guides
- Contact hours to help earn continuing education credits
- Support materials, books and products
- Access to an international resource network
- Reduced tuition for course review (based on space availability)
- Convenient Cancellation Policy



Continuing Education Units

NCBTMB Provider #025785-00. Check your Licensing Board for requirements.

Our classes satisfy requirements for continuing education units in many states for many different professions. Before attending a workshop, please verify CEU acceptance with your profession's state board.



The Upledger Institute is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. CranioSacral Therapy I is offered for 2.4 CEUs (introductory level, professional area). ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

International Association of Healthcare Practitioners (IAHP)

After completing your Upledger CranioSacral Therapy I class, you are automatically eligible for membership in the International Association of Healthcare Practitioners. A professional network of over 150,000 therapists trained by a coalition of developers of innovative healthcare therapies, the IAHP is at the forefront of raising awareness and acceptance of complementary healthcare – it serves as your voice before legislative bodies, insurance regulators, the public, and healthcare providers.



Ui

THE
UPLEDGER
INSTITUTE, INC.®

The Upledger Institute, Inc.® is a proud member of the International Alliance of Healthcare Educators®

Call or Click: 800.233.5880 • www.upledger.com

Ui THE
UPLEDGER
INSTITUTE, INC.®

11211 Prosperity Farms Road, Suite D-325
Palm Beach Gardens, Florida 33410
www.upledger.com • 800.233.5880, Priority Code DMF09

What techniques do you want to learn?

CranioSacral Therapy received the highest number of responses to this question according to a recent survey conducted by a national trade magazine.

New!
Upledger's CST Pricing.
Now Only \$100*/Month
Call for Details Today

Region 4 • RM, SW, W © August 2009
♻️ Printed on recycled paper with vegetable-based inks.

CRANIOSACRAL THERAPY: Selected as #1 Technique to Learn



Now for just
\$100* per month

Dr. John E. Upledger, Developer

Isn't it time you discover the benefits of CranioSacral Therapy?

- Learn new skills that enable you to address a wide variety of health issues
- Boost your earning power by expanding your practice capabilities
- Use light-touch techniques that reduce the strain on your body
- Take advantage of Upledger's nearly 100,000-member alumni network to grow professionally and personally

Join us for one of these upcoming classes:

Upledger CranioSacral Therapy I

Colorado Springs, CO – Oct. 8-11, 2009

Orange County, CA – Oct. 29-Nov. 1, 2009

Albuquerque, NM – Oct. 29-Nov. 1, 2009

Tucson, AZ – Dec. 10-13, 2009

San Francisco, CA – Jan. 7-10, 2010

Other dates and locations available. Call for details.

Ui

THE
UPLEDGER
INSTITUTE, INC.®

***New! Upledger's CST Core-Pak. Ask about it today!**

Call or Click: 800.233.5880, priority code DMF09

www.upledger.com

Upledger's CST Courses Promise

- Certified instructors, practicing healthcare professionals, who have completed extensive teaching apprenticeship programs
- Personal instruction and training time needed to master the techniques for effective use in practice
- Balanced mix of lectures, demonstrations and supervised hands-on practice
- Comprehensive, illustrated study guides
- Contact hours to help earn continuing education credits
- Support materials, books and products
- Access to an international resource network
- Reduced tuition for course review (based on space availability)
- Convenient Cancellation Policy



Continuing Education Units

NCBTMB Provider #025785-00. Check your Licensing Board for requirements.

Our classes satisfy requirements for continuing education units in many states for many different professions. Before attending a workshop, please verify CEU acceptance with your profession's state board.



The Upledger Institute is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. CranioSacral Therapy I is offered for 2.4 CEUs (introductory level, professional area). ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

International Association of Healthcare Practitioners (IAHP)

After completing your Upledger CranioSacral Therapy I class, you are automatically eligible for membership in the International Association of Healthcare Practitioners. A professional network of over 150,000 therapists trained by a coalition of developers of innovative healthcare therapies, the IAHP is at the forefront of raising awareness and acceptance of complementary healthcare – it serves as your voice before legislative bodies, insurance regulators, the public, and healthcare providers.



The Upledger Institute, Inc.® is a proud member of the International Alliance of Healthcare Educators®



Call or Click: 800.233.5880 • www.upledger.com



11211 Prosperity Farms Road, Suite D-325
Palm Beach Gardens, Florida 33410
www.upledger.com • 800.233.5880, Priority Code DMF09

What techniques do you want to learn?

CranioSacral Therapy received the highest number of responses to this question according to a recent survey conducted by a national trade magazine.

New!
Upledger's CST Pricing.
Now Only \$100*/Month
Call for Details Today

Region 5 • NW, CM © August 2009
♻ Printed on recycled paper with vegetable-based inks.

CRANIOSACRAL THERAPY:
Selected as #1 Technique to Learn



Now for just
\$100* per month

Dr. John E. Upledger, Developer

Isn't it time you discover the benefits of CranioSacral Therapy?

- Learn new skills that enable you to address a wide variety of health issues
- Boost your earning power by expanding your practice capabilities
- Use light-touch techniques that reduce the strain on your body
- Take advantage of Upledger's nearly 100,000-member alumni network to grow professionally and personally

Join us for one of these upcoming classes:
Upledger CranioSacral Therapy I

Eugene, OR – Oct. 16-19, 2009
Winnipeg, MB – Nov. 5-8, 2009
Vancouver, BC – Nov. 14-17, 2009
Portland, OR – Dec. 3-6, 2009
Seattle, WA – Jan. 21-24, 2010

Other dates and locations available. Call for details.



*New! Upledger's CST Core-Pak. Ask about it today!
Call or Click: 800.233.5880, priority code DMF09
www.upledger.com

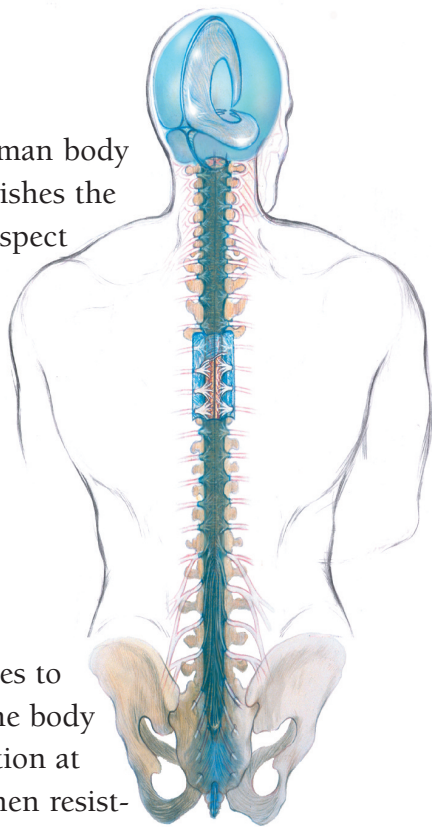
CranioSacral Therapy I (CSI)

Developed by John E. Upledger, DO, OMM

Few systems have as much impact on the human body as the craniosacral system. It protects and nourishes the brain and spinal cord and affects nearly every aspect of central nervous system performance.

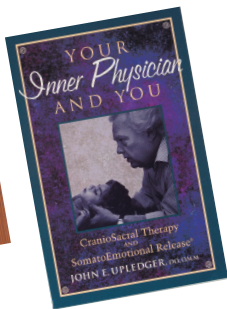
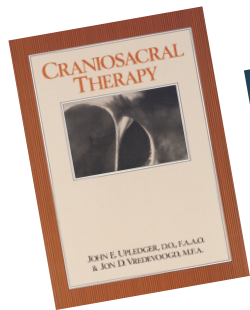
That's why CranioSacral Therapy is so critical to your healthcare practice. Developed after years of university research and testing, it allows you to release fascial restrictions anywhere on the body that may be impinging on the craniosacral system and every other system it interacts with.

In this workshop you'll learn gentle techniques to normalize the craniosacral system and allow the body to self-correct. By unraveling pain and dysfunction at the source, you'll help eliminate stress, strengthen resistance to disease, and enhance health on every dimension.



“I now use this work as an assessment tool for all my clients and at least 80% of my treatment. My caseload is almost entirely end-of-the-line chronic pain in which other therapies have failed, and I'm amazed at the results I'm getting using CranioSacral Therapy.”

– J.B., PT



Required Preparation:
CranioSacral Therapy Book and Your Inner Physician and You Book

Enhance Your Skill Level

- Develop finely tuned palpation skills that will help you identify the subtle craniosacral rhythm and interpret its patterns to evaluate dysfunction and improvements
- Apply CranioSacral Therapy to a number of common ailments such as TMJ dysfunction, head and neck pain, central nervous system disorders and many more
- Release dural tube restrictions to enhance interactions between the central nervous system and the body
- Locate the source of physical problems by traveling through the fascial system
- Use techniques that produce dramatic health and relaxation effects
- Put a simple 10-Step Protocol into practice right away

And, now, there's never been a better time to sign up for an Upledger CranioSacral Therapy workshop!

New Upledger CST Core-Pak

For only \$100 per month, the new, no-risk, extended payment CST Core-Pak sets you on the path for advanced professional designation while easing the financial worry.

Upledger's CST to Certification Core-Pak includes CSI, CSII, SERI and SERII workshops plus Techniques Certification – all for \$2400, a savings of \$1080 over standard tuition prices. You can choose to pay only \$100 per month – with no interest, or pay in full – with an added incentive.

Of course you can still sign up for each class in the series separately – and save as much as \$200 each with early registration.

For either payment option, our flexible Cancellation and Refund Policy applies. Check it out online at www.upledger.com.

“I'm so proud to be part of the Upledger family. All my seminars have been outstanding. No other teachings are as well organized with such built-in success as yours.”

– B.D.

Here's what you could look forward to:

CranioSacral Therapy II (CSII)

Furthering the studies of CranioSacral Therapy I, CSII focuses on integrating Sutherland's technique for identifying lesions into the CranioSacral Therapy 10-Step Protocol; evaluating and treating cranial-base dysfunctions, the masticatory system-hard palate, mandible and temporomandibular joint; whole body evaluation; and introduces the concepts of SomatoEmotional Release and Energy Cysts.



SomatoEmotional Release I (SERI)

SomatoEmotional Release is a therapeutic process that uses and expands on the principles of CranioSacral Therapy to help rid the mind and body of the residual effects of past trauma and negative emotional experiences. You will participate in hands-on training to facilitate the SomatoEmotional Release process to access suppressed emotions that may be inhibiting complete structural releases. SERI offers applications designed to enhance results using CST and other complementary therapies.



SomatoEmotional Release II (SERII)

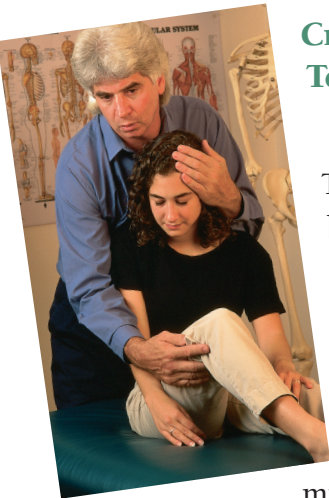
By attending this class, you will become more proficient in the SER techniques and will learn how to integrate therapeutic imagery and dialoguing skills. The goal is a comfortable holistic mind-body approach to the resolution of problems and obstacles related to patient/client progress and growth.

CranioSacral Therapy Techniques Certification

The Upledger Institute, Inc.® CranioSacral Therapy Certification Program is designed to bring therapists trained in UI CranioSacral Therapy recognition for their knowledge and skill in this therapeutic modality.

As a CST-certified therapist, you affirm your capabilities and understanding of the techniques and build confidence in the minds of your patients/clients that you are

highly skilled in the modality. Further, Certification demonstrates your pursuit of the highest standards of excellence as well as your commitment to your profession - playing a pivotal role in preserving the right of qualified healthcare professionals to practice CST.



All prices are in US dollars. Canadian prices may vary slightly. Some cities are subject to a surcharge. Prices are subject to change without notice. Please call for qualification details.

Call or Click to Register

800.233.5880

www.upledger.com