

CONNECTION

INTERNATIONAL

ASSOCIATION of

HEALTHCARE

PRACTITIONERS®



Volume One

Autumn 1995

Ride the Information Highway

Soon IAHP members will be able to network on the Internet! Starting in 1996, IAHP will have a home page with a password issued solely to members. Communication, one purpose of IAHP, will never have been easier. Members will be able to exchange ideas, information and practice tips while developing relationships with others in the field. It's yet another IAHP benefit to enrich

WHAT'S INSIDE

- 2 ACSTA Update
- 3 The Cancer Chronicles by Ralph W. Moss, Ph.D.
- 5, 9 Are There "Bad" Images? by Anne Beattie, M.A., L.M.Th.
- 7 Study in Europe - UIE Workshops
- 10-11 Workshop Schedule
- 13 1996 Programs at HealthPlex
- 14-15 IAHP Membership Information

your professional life and enhance communication. You'll stay current on the issues facing bodywork today, up-to-the-minute on opportunities to become involved in positive change and make your voice heard.

Access this great new benefit — cruise the Net with IAHP!

CST Certification

The Upledger Institute's (UI) CranioSacral Therapy (CST) Certification Program is under way and has been getting an enthusiastic response from most practitioners. UI has been working hard getting the word out by sending informational letters explaining the program and benefits. Here again is a rundown of what UI hopes to accomplish with the CST Certification Program.

One of the main purposes of CST certification is to lend strength, credibility and support to efforts establishing CranioSacral Therapy as a profession. This objective was set to protect the rights of

qualified CST practitioners. As CST has become more popular and accepted, there have been increasingly active debates as to who has the right to practice it. To prevent any particular profession or professions from being able to "claim" exclusive rights to CranioSacral Therapy, we felt our best avenue was to make CST its own profession. While this course of action may be a long and difficult process, once completed, CST will be able to be practiced under a CST license. In the meantime, a large group of multidisciplinary practitioners certified in CST will greatly aid in the resistance of efforts by other groups to "monopolize" CST, as well as give more clout with other related issues. CST

"CST certification is the first step in the accreditation process..."

certification is the first step in the accreditation process which can increase the prospects of insurance acceptability, approval for reimbursement by Medicare and/or other governmental programs, and state board acceptance. It will build confidence in the knowledge and abilities of referrals, and power in

Continued on page 4

No Strangers Here

One of the goals of IAHP is to unite existing and emerging healthcare modalities. We recognize that there are many other effective trainings available, and we'd be happy to review courses to establish suitability for listing in the IAHP Directory. We'd like to provide an opportunity for healthcare groups currently outside the realm of IAHP to be identified.

Interested parties should have their training coordinator submit course outlines, instructor qualifications and brochures they use for promotion to the IAHP Coordinator, 11211 Prosperity Farms Road, D-325, Palm Beach Gardens, FL 33410-3487, call 1-800-233-5880, Ext. 8901 or fax 407-622-4771.

ACSTA Update

Since its inception in August 1994, The Upledger Institute has supported the formation of an independent non-profit organization titled The American CranioSacral Therapy Association (ACSTA). Although still in its infancy, the ACSTA is intended to parallel other organizations such as the AMA, APTA and AOA. The main goals of the ACSTA are to guarantee the right of qualified practitioners to practice CranioSacral Therapy (CST) and to receive recognition by insurance and licensing bodies. One of the most viable ways to meet these goals is to establish CranioSacral Therapy as its own profession.

Because this is such a massive undertaking, we have enlisted the talents of Jack McAllister, former Executive Director of the National Mental Health Association and the Epilepsy Foundation of America, to initiate this project. Jack has also been a consultant in Washington, D.C., for several years, and has led major planning efforts for such organizations as the American Holistic Medical Association.

The initial Board of Directors includes Ben Shield, Ph.D., Chas Perry,

Ph.D., Ken Frey, P.T., Don Ash P.T., Lisa Squier D.C., John Upledger D.O., O.M.M., Stanley Warmflash, D.D.S., Pamela Markert, P.T. and others. We have also prepared lists of professionals who may become involved in various committees (ethics, finance, etc).

To date, the ACSTA has focused on the formation of the organization, meeting with potential supporters and consultants in Washington, D.C. The primary efforts so far have addressed the tremendous amount of research necessary to design plans for the organization. Mr. McAllister has been working very closely with governmental and other agencies, such as the Acupuncture Association, to determine the best and most lasting approach to accomplish our goal.

In addition to financial support, The Upledger Institute has donated telephone costs, clerical assistance and equipment. All board members are volunteers as well. An encapsulated version of the Mission and Goals Statement includes:

- Promoting the independence, recognition, superior standards of practice, education and research of CranioSacral Therapy as a free-standing healthcare profession.

Advanced CST Class



Shown left to right, Back row: Rebecca Welling, Phillip Henderson, B.S., C.M.T., Instructor Chas Perry, Ph.D., Barbara Brinkerhoff, C.M.T., Margo Cooper, C.M.T., Charles Swenson, M.T. Middle row: Carol McLellan, C.M.T., Marie Cavaroc, R.N., L.M.T., Phyllis Showers, P.T. Front Row: Mary Karp, Ms.T., Elizabeth Swenson, Barbara Terris

- Ensuring professional development and personal growth of its members by being an influential member of the healthcare community.

- Increasing the public's awareness and access to CST as a necessary and integral aspect to optimal health.

- Protecting the public and profession from unethical, incompetent or illegal acts by CST practitioners.

- Promoting legislation/regulation that supports the CranioSacral Therapy profession and repeal or revise legislation detrimental to its legitimate practice.

"The main goals of the ACSTA are to guarantee the right of qualified practitioners to practice CranioSacral Therapy and to receive recognition by insurance and licensing bodies."

The CST Certification Program now in place is an integral part of our vision for ACSTA. In order to receive recognition through the legislative system, we must have a strong group of certified CranioSacral practitioners. Your support of these efforts by becoming certified will help bolster fair and equitable regulation for CST practitioners.

See the cover page of this issue for more information on CST certification.

The Cancer Chronicles

by *Ralph W. Moss, Ph.D.*

This December marks the 24th Anniversary of the “war on cancer.” In 1971, President Nixon promised us a cure for cancer in time for the Bicentennial. Needless to say, that did not happen. In 1971, cancer took about 350,000 lives in the United States. This year cancer deaths will top 547,000. Part of this increase is due to the growth and aging of the population. But even when one adjusts for these, overall U.S. mortality rates have increased by over 10 percent from 1950 to 1991. Incidence rates have increased even more—by 49.3 percent. Many cancers are on the rise dramatically.

Why aren't people demonstrating in the streets about this? The general public has been pacified by a barrage of “good news” about cancer. Practically every day reveals a cancer “cure du jour.” Do you remember *interferon?* *Interleukin-2?* *Tumor necrosis factor?* *Monoclonal antibodies?* The list goes on.

In researching *Questioning Chemotherapy*, I discovered that articles criticizing conventional cancer treatments are rare. Instead, science writers for the major media are “perky cheerleaders” (says Natalie Angier of the *New York Times*) for the scientific establishment.

One example: a computer search of the *Chicago Tribune* found almost no articles critical of chemotherapy. But there were scores

of articles with headlines such as “High Cure Rate Reported in Chemotherapy Test” or “Chemo Can Be a Lifesaver, If You Can Stand It.”

Hand-in-hand has been the rise of the chemo-pharmaceutical industry. In 1989, worldwide revenue from anticancer drugs was \$3.1 billion. By 1995, this figure will climb to \$8.5 billion. By 1999, it will be \$13.8 billion—quadruple growth in one

decade. In various ways, the pharmaceutical industry, the charity establishment, AMA-affiliated doctors, government scientists and major media have a confluence of interest promoting the status quo in cancer and resisting any “upsetting” criticism.

And what about so-called “cancer alternatives”? Many of you will remember laetrile and vitamin C, and how these were effectively dispatched by the cancer establishment. I have

written extensively about these struggles in *The Cancer Industry*.

Why can't an alternative treatment get a fair trial?

Fundamentally, I believe that it is obligatory for the medical establishment to flatfootedly deny *any* validity to *any* of the scores of promising cancer alternatives. That is because

these alternatives are non-toxic and/or work by mechanisms that are different than cytotoxicity. You heard me right. It is because these treatments are non-toxic that they are automatically ruled out.

All 36 anticancer drugs approved by the FDA are highly toxic, and some of them are among the most harmful and danger-

ous chemicals deliberately put into the human body. Their effects include nausea, vomiting, hair loss, and devastating damage to the immune system. There is no commodity for sale in the United States that is as *universally hated* as cancer chemotherapy.

A non-toxic anticancer agent, approved by the FDA, could lead to a stampede of patients away from cytotoxic drugs to a new alternative treatment. Thus, the non-toxic drug constitutes “unfair competition” to the conventional drug seller. That is why the fight over laetrile, vitamin C, Burzynski's antineoplastons, etc., is always a fight to the finish. No compromise is possible.

Recognition of a non-toxic agent would bring the question of the immune system to the fore. But there is a contradiction here: It is rather pointless to build up the immune system just to tear it down again with cytotoxic chemotherapy. True alternatives enhance the body's immune reaction without damaging or destroying the tissues and organs that naturally fight the disease. They attempt to reproduce the “spontaneous remission” in a predictable way.

As we approach the 25th anniversary of the war on cancer, I think it is high time for the public, Congress and honest medical scientists to re-examine the entire direction of that war. We certainly can't put all our eggs in the genetic engineering basket, condemning millions to die today and tomorrow without at least a shot at a promising non-toxic

alternative treatment. It is urgent that we launch a crash program to fairly investigate and evaluate the major alternative treatments.

Ralph W. Moss, Ph.D., author of Questioning Chemotherapy has been called a “revolutionary in the war on cancer” (Toronto Star). He presented the keynote address at The Upledger Foundation's biannual Beyond the Dura Research Conference in Curaçao in November with Anne Beattie, M.A., L.M.Th. (see Are There “Bad” Images?, page 5).



Ralph W. Moss, Ph.D.

“In 1971, cancer took about 350,000 lives in the United States. This year cancer deaths will top 547,000.”

“All 36 anticancer drugs approved by the FDA are highly toxic..”

CST Certification, continued from page 1

negotiating with lawmakers considering legislation and regulation of CranioSacral Therapy.

At this time, certification in and of itself does not take the place of primary licensure in your chosen field, nor will lack of certification affect your right to practice CST other than through preclusion by your particular state laws or professional licensing agencies. What certification *will* do is to establish unequivocally your knowledge of CranioSacral Therapy and expertise in its practice. The examination process will see to that, because no matter what regulations govern licensure by a given state, the exam is designed to show that a CST-certified individual has complete knowledge of the approach, as well as the anatomy and physiology of the craniosacral system.

If you're interested in pursuing CST certification, choose your appropriate level (alumni of CST II are eligible for Techniques level; Advanced CST for Diplomate level) and call 1-800-233-5880, Ext. 8901, to request your Applicant Data Form.

To help you study the material, The Upledger Institute is offering a special price for reviewers. Based on space availability, applicants for CST certification will pay only \$100 per class to repeat CranioSacral Therapy I and/or II.

Projective Therapy to Make Debut

Alain Abehsera, D.O., O.M.M., will travel from Israel early next year to present Projective Therapy, a manipulative approach derived from osteopathy, to a test audience. Projective Therapy aims at the direct remodeling of the structures and functions of the human body using visualization into the tissues. Applying to the musculoskeletal and craniovisceral spheres, this technique is characterized by three elements: creating, manipulating and projecting a tension morphic field; visualization of anatomy, physiology and pathology; and distinguishing spontaneous tissular movements of therapeutic value within that field.

Dr. Abehsera reports that pain syndromes and pathologies that involve deep tissues or complex multi-organ functions respond well to the technique. It releases tension in tissues (muscles, membranes, trigger points, etc.).

If you want to know more about this approach, call 1-800-233-5880, Ext. 8901. We look forward to having Dr. Abehsera with us in January.

Political Corner

Your Efforts Make a Difference

In the last issue of *Connection*, we reported on issues affecting licensing, CME/CEUs and insurance eligibility. Since then, we've come across these items of interest:

In California, acupuncturists are reinterpreting the parameters of accepted practice. Please contact us if you have input on how IAHP will be affected and how we can be alerted to the changes.

While other physical therapy boards have approved Neuromuscular Therapy for physical therapists, the Georgia P.T. Board needs further clarification on how NMT relates to the scope of physical therapy practice. If you have information on how we can relay this information for approval, please let us know.

We need to work together to stay abreast of emerging issues in healthcare to ensure that legislation and regulation stays within the boundaries of fairness and good practice.

Please contact *Connection*, 11211 Prosperity Farms Road, D-325, Palm Beach Gardens, Florida 33410-3487 (or fax 407-622-4771) if you hear of pertinent issues.

Fly Through the Air With the Greatest of Ease... With Travel Concierge

Travel Concierge, the full-service travel agency affiliated with IAHP, is at your disposal for all your travel needs, whether they're for workshop planning, vacations, business or that "me-time" getaway. You'll get superlative service for your travel dollars with Travel Concierge.

Also offering "one-stop" meeting planning, they'll organize seminars, workshops, meetings— even conventions!

So sit back and let Travel Concierge do the work! They offer a full range of services when it comes to travel: flights, accommodations, car rentals, group package tours and cruises, meeting planning and more. Call 1-800-881-0776 (407-625-5951 in the West Palm Beach area) and Travel Concierge will do the rest!



Are There “Bad” Images?

by Anne Beattie, M.A., L.M.Th.

After two decades as a practitioner of mind/body work, I want to share with you some good news and some bad news about the use of visualization in cancer treatment. On the positive side, visualization techniques are being researched, validated and practiced with patients more than ever before. Daytime television is talking about it; there are more books, audio tapes, and classes than ever before. Everyone, it seems, is excited about visualization.

The bad news is that much of this activity is generating confusion and misunderstanding about what visualization is and what it isn't. This confusion exists among its practitioners and the public they are educating or miseducating. The result is that visualization as a practice is weakened. In fact, when the dust clears and it is no longer a “fad,” we may find that its true helpfulness in medicine has been undermined and overlooked.

True or false: visualization means learning to use “good” images to create healing effects and avoid “bad” ones that are harmful to health.

The statement above is false; it reflects one of the most persistent misunderstandings of visualization, based on a judgmental attitude towards one's self. It breeds guilt, anxiety and fear. Suddenly, we see the “blame the victim” overtones.

What does it feel like to be a person with cancer who has done all of the so-called correct visualizations religiously, and whose disease is progressing? The good visualization/bad visualization approach leads to a deep sense of failure and self-blame. Clients often report to me that they have “failed” their chemotherapy treatment. Again, *they* fail the treatment, not the other way around, and many doctors reinforce this view.



Anne Beattie, M.A., L.M.Th.

The flip side of this sense of failure is an over-investment in the idea that we control everything that happens to us. Some people see their cancer remission as a consequence of having successfully used all the right images and avoided the bad ones. Regardless of their current remission, they may be hurt by the intensity of their self-judgment. Even those who have experienced remissions must endure the ever-present fear that their own negative thoughts might at any moment cause a relapse. What a terrifying responsibility! The belief that healing depends upon acquiring the right images, thoughts, and emotional states often translates into a search for the perfect visualization guru. Is there really a magic healer who can tell us exactly what to do when we are sick?

Whenever we are willing to turn our power over to someone else, we risk losing our own best proponent. Students of meditation can tell you that the mind naturally hops from thought to thought, image to image, like a monkey in a tree. We can learn to calm our thoughts, observe and learn from them, but this must be done without judgment. The words GOOD and BAD usually just enhance pride and shame in an endless cycle. A more healing use of visualization is to help people escape from the prison of self-judgment, not barricade them further inside its walls.

This quick-fix style of visualization is truly Western medicine with a new age spin... “Take two images and call me in the morning.” The idea of a specialist scribbling a prescription for the correct healing image strikes us as amusing because we instinctively recognize that images are our most individual and intimate possessions. They are like whispers from our inner life, and they have something precious to offer if we can learn from them without passing judgment.

The difference between doctor and patient, therapist and client is obvious. The patient has cancer and the doctor usually does not. But they share something basic and essential, something that every person has in common — a relationship to life and death. This is the central relationship for every human being, one that goes through many changes and upheavals in a lifetime.

Continued on page 9

Go for the Gold

For the first time, massage therapy is to be included as part of the standard medical services offered to athletes at the 1996 Olympic Games. If you're interested in joining the team of volunteer sports therapists at the Olympics, write for an application:

Atlanta Committee for the Olympic Games (ACOG)

Attn: Medical Services Operations

P.O. Box 1996

Atlanta, GA 30101-1998

UI/St. John Honor High Touch Tour Registrations

High hopes for High Touch were dashed when the tour was abruptly cancelled by Living Touch Productions last Spring. As you may know, The Upledger Institute and St. John Seminars have offered to honor all deposits paid to the High Touch Tour. If you or anyone you know lost a deposit to the High Touch Tour cancellation, they'll credit the amount (with proof of payment) to any course if you contact them with your request by December 31, 1995.

They're making this gesture because, although they bear no financial responsibility to Living Touch Productions' creditors (but are one, in fact), they feel a responsibility to the people who place their confidence in the holistic healthcare industry.

So if you have a deposit with Living Touch Productions and have not already applied it to a UI- or St. John-sponsored class, please call 1-800-233-5880, Ext. 8901, for information about how to transfer it (offer expires Dec. 31, '95).

Expanded Registration Hours

To serve you better, the hours in Educational Services have been expanded. The new times to contact them for information, registration, products and services are:



Monday - Thursday

8:00 a.m. to 8:00 p.m., ET

Friday

8:00 a.m. to 5:00 p.m., ET

1-800-233-5880

Share the Knowledge with ShareCare

The idea that people can and do play a primary role in their own healing and wellness is one of the fundamental principles of IAHP. So we're offering ShareCare, a one-day workshop directed to the lay-person to introduce the basic concepts of CranioSacral Therapy and our philosophy of personal responsibility for health.

ShareCare will give your clients and their families an opportunity to understand the techniques used in CranioSacral Therapy, which can

lead to enhanced results. It can also help them create an ongoing climate of healing.

Participants discover the rationale behind the therapy, basic techniques, and how to enjoy a sense of control over their and others' healing processes.

Please let your clients know they can call 1-800-233-5880, Ext. 8901, for schedule and registration information. Also, if you, as a practitioner, would like to present a ShareCare workshop, contact Kathy Lewis Woll at the same number.

"A one-day workshop directed to the layperson to introduce the basic concepts of CranioSacral Therapy."



The Upledger Institute's HealthPlex Clinical Services hosted a business card exchange for local chamber of commerce members.

Among those in attendance were Seminar Coordinator Mitzy Applegate (left), CEO John Matthew Upledger (center) and Travel Concierge General Manager Cindy Kozak (right). During the event, staff clinicians explained the benefits of CranioSacral Therapy and conducted demonstrations.

Spirits Soar to New Heights in the Mountains

The first Spirituality and Healing workshop, in May, took place against the backdrop of the awe-inspiring Blue Ridge Mountains in Blowing Rock, North Carolina. Participants studied the spiritual aspects of healing as they relate to basic principles of healing, forgiveness and illness.

The philosophy of the course is based on the belief that therapists need to be in a healed state themselves before they can be effective as facilitators of healing in their clients. The goal is to become a "healed healer."

Part of the time was spent taking in the rich atmosphere of the mountains, itself a healing and nurturing environment. Future workshops will be held in similar surroundings. Meditation and a sunrise gathering added to the peaceful and uplifting ambiance. Participants experienced a strong consciousness of trust and deep connection with one another.

Based on *A Course in Miracles*, Lee

Nugan, M.A., leads the workshop to foster the spiritual growth of all participants, as well as that of their clients and patients.

The prerequisite for the Spirituality and Healing course is CSII. Four additional 3-day workshops are scheduled in 1996, with two at the same location in

Blowing Rock (May 17-19, '96 and Oct. 14-16, '96); one in Breitenbush Springs, Oregon (June 7-9, '96); and one in Snowmass, Colorado (Sept. 13-15, '96). As of this writing, the Breitenbush Springs workshop is almost full.

Please call Educational Services at 1-800-233-5880, Ext. 8901, for registration and schedule information.

"Participants studied the spiritual aspects of healing as they relate to basic principles of healing, forgiveness and illness from a spiritual perspective."

■ *Shown left to right: Jim Haskins, P.T.A., Rebecca Rich, P.T., Irene Darpino, R.N., John Rhodes, P.T., Katy O'Gee, Lee Nugan, M.A., Linda Hanson, P.T., Margaret Balhoff, P.T., L.M.T., Stephani Murdoch, T.P., Patricia Joyce, O.T.R., and Richard Hotchkiss, L.M.T.*

Study In Europe

The Upledger Institute Europe (UIE) is proud to offer classes in several European countries, presented in various languages. All CranioSacral Therapy courses are taught by instructors certified by John E. Upledger, D.O., O.M.M., the developer of CranioSacral Therapy.

Currently, UIE offers CranioSacral Therapy, SomatoEmotional ReleaseSM and Visceral Manipulation. For information about UIE from within the U.S., call 1-800-233-5880, Ext. 8901. For registration/language information and details, please contact the sponsors listed below.

Belgium, Norway and Netherlands

UIE Main Office
Telephone 011 31 3435 14031
Fax 011 31 3435 12189

U.K. (England/Scotland/Wales/Northern Ireland) and Irish Republic

Carol Houston, The Upledger Institute U.K.
Telephone 011 44 1738 444404
Fax 011 44 1738 442275

Switzerland

Matthias Mosle
Liestalerstr. 3
CH-4419 Lupsingen BL
Telephone 011 41 619110405

Austria

Frau Ida Egger
Furstenweg 17-4
A-6020 Innsbruck
Telephone 011 43 512293703

Germany

Upledger Institute of Germany
Sarkwitzer Weg 3
23617 Stockelsdorf
Telephone/fax 011 49 45046336

Munich

Institute Strukturello
Wahrenhmung
Theodor Korner Str. 40
A-8010 Graz
Telephone 011 43 316671212



Study Groups

Ongoing study groups are a great way to keep your training fresh and enhance your technique while you network with colleagues. Here are some new listings:

Chattanooga, TN

Melissa Christopher (615-622-5963) for CS alumni. This informal group meets Wed. evenings from 6:30 p.m. to 9 p.m. The focus is CSI and Reiki, but they're open to other techniques. Call Melissa for information.

King of Prussia, PA

Zora Natanblut (610-989-1777) will lead groups to study CSI and II monthly on Sun. afternoons starting in Jan. Sessions are scheduled Jan. 14, Feb. 11, March 24 and April 28, 1996, at 10 a.m. to 12:30 p.m. for CSI and 2 p.m. to 4 p.m. for CSII. The cost is \$25 per session, or all four sessions for \$90. Call Zora for information.

Madison, NJ

Peg Dougherty (201-822-3110) leads study groups in CSI and II at the Xavier Center on the campus of St. Elizabeth, Convent Station, NJ. They'll meet for CSI from 1 p.m. to 3 p.m. and CSII from 3 p.m. to 5 p.m. on the following dates in 1996: Jan. 28, Mar. 24, Apr. 28 and May 19 (later dates to be determined). The cost is \$15 for one class or \$25 for two. Please pre-register.

Orlando, FL

Cynthia Christie (407-648-1791) leads an informal group to study St. John Method of NMT and CranioSacral Therapy. Though the cranial work is centered around CSI, other levels of expertise are welcomed. NMT1 and 2 are currently addressed, but they're looking forward to adding NMT3 after this Dec. and NMT4 and NMT5 next year. They'll study testing, musculature and St. John videos; feel free to make sugges-

Advanced CST Class



Shown left to right, Back row: E. Ann Harman, D.O., Preceptor Tom McDonough, M.Div., Preceptor Mary Lou Galantino, M.S.P.T., Instructor John Upledger, D.O., O.M.M., Bernd Voss, P.T., John Burrell. Middle Row: Tad Wanveer, L.M.T., Andrea Thaler, R.N., Judy Osborne, P.T., Erika Eichhorn. Front Row: Diego Maggio, D.O., and Sandy Prantz, O.T.R./L.

tions. Dates to be announced. Meetings are approximately every 6th weekend. Call Cynthia for information.

Buckley, WA (western Washington)

John O'Brien, P.A.-C. - 360-802-0160
CSI and II

Hanover, MA

Dorinda Galbraith - 617-982-2654
VM - varying levels
IMT questions can be answered.

New York, NY

Kenneth I. Frey - 212-751-2693 or
212-785-0385
CSI and II, VM

New York, NY

Barbara Chang - 212-242-1432
CSI and II, SERI, VMI-A

Philadelphia, PA

Dinnie Pearson - 215-923-1632
CSI and II, SERI and II
Various other hands-on modalities

Pleasantville, NY

Andersen's Institute - 914-769-1069
CS, FM, MFR

Providence, RI

Sue Steiner and Martine Rini
401-789-4940
CS, FM and VM

Seattle, WA

Carol Kennedy - 206-633-4975
Janet Dockery - 206-784-4498
John Myers
CSI and II, SERI and II
General CranioSacral (variety)

Woburn, MA

Tom McDonough - 617-935-4337
CSI and II, ShareCare
Energy Integration (periodically)

Worcester, MA

Illona Brossman-McIntire
508-791-6351, Ext. 108.
Various topics discussed, mostly geared toward CS.

Please let us know about other ongoing study groups.
Call Jeri Stinson at 1-800-233-5880, Ext. 319.

Are There "Bad" Images?, continued from page 5

We are all united by fear of death. For the practitioner, close proximity to ill or dying patients can provoke depression, emotional withdrawal and anger, all of which have a profound effect upon the patient. The most difficult and most important work of our lives is to move toward resolving this fear. With the help of methods such as visualization, the practitioner can learn to calm his or her own fears, and in so doing become a more effective, healing presence for patients. Ultimately, healing happens when a patient finds a way back to his or her spiritual center and deeply feels the unshakable wholeness within.

Wholeness IS wellness. With this understanding, complementary healing can soar past the limitations of allopathic medicine. We can move together toward treating more than symptoms of disease and realize that what most needs to be healed in the patient is also what needs to be healed in the doctor and entire world.

This is an abridgment of a talk Anne Beattie presented at the First International Congress on Alternative and Complementary Medicine at Crystal City, Virginia, May 22, 1995. Anne works closely with Ralph Moss, Ph.D., (see Cancer Chronicles, page 3) and co-presented with him at The Upledger Foundation's Beyond the Dura Research Conference in Curaçao.

Publish or Perish

Sound familiar? As far back as memory serves, professionals have been under the gun to produce the printed word. And why not? You've worked hard to learn and grow, and others can benefit from your experience.

The Upledger Institute would like to be of help, both to you as the writer and to the cause of holistic healthcare, which can benefit from your contributions. That's why we're willing to review research articles for you. We have many resources to assist you in having your work published.

Here are a few tips for writing a well-received research paper:

1. Start with an hypothesis. If you've observed a pattern of healing, for instance, that catches your attention and piques your imagination, solidify your ideas into a statement.
 2. Gather evidence. Stop, look, listen. Create a system that works for you to keep track of your findings: a journal, dictation for later transcription, sticky notes on the refrigerator, you name it.
 3. Organize your findings into a body of evidence that follows logically.
 4. Offer a conclusion.
- Case studies are useful to support your observations. And people who've been helped to overcome pain and dysfunction

are often delighted to talk about it!

You can direct research articles to: Editor, IAHP *Connection*, 11211 Prosperity Farms Road, D-325, Palm Beach Gardens, FL 3410-3487 or fax 407-622-4771.

The Weight of Stillness

The body learns to recognize its own
When foreign touch invades familiar space,
And weight of stillness echoes down the bone.

As threshold guards are deftly overthrown
By skillful fingers' modulated pace,
The body learns to recognize its own.

When fathoming what subtleties of tone,
Hands eloquent with caring rest in place,
The weight of stillness echoes down the bone.

In quickening flesh, in rippling undertone,
Sculpted by the hands' strong, sure embrace,
The body learns to recognize its own.

Borne by vibrancy of touch alone,
Along intensely inward interface,
The weight of stillness echoes down the bone.

Where the creature trusts the near unknown,
Hesitant to claim a kind of grace,
The body learns to recognize its own.
The weight of stillness echoes down the bone.

Joan Altick

Advanced CST Class

Shown left to right, Back row: Jeff Rogers, L.M.T., Preceptor Jim Green, L.M.T., Pamela Perona, L.M.T., Barbara Chang, A.T.P., M.F.A., Instructor John Upledger, D.O., O.M.M., Patti Harrison, L.M.T. Middle row: David Dolan, L.M.T., N.M.T., Gerry Martin, D.C., D.O., D.Ac., Preceptor Geraldine Lewis Waxkowski, P.S.T., Ingegerd Lorange, P.T., Nancy Anderson, M.S., O.T., Erica Dente, M.S., P.T. Front row: Preceptor Marga Berr, Annelies Bottema, P.T., Karolyn Saracino, C.M.T.



The Upledger Institute Workshop Schedule: Dec. 1, '95 - June 30, '96

Many courses require prerequisites. Please call
1-800-233-5880, Ext. 8901
for details.

CranioSacral Therapy I

Albuquerque, NM	Mar. 23-26
Allentown, PA	Apr. 11-14
Austin, TX	June 20-23
Baltimore, MD	Mar. 28-31
Boston, MA	Dec. 14-17, '95
Boston, MA	Apr. 18-21
Bozeman, MT	Mar. 14-17
Calgary, AB	Mar. 22-25
Charlottesville, VA	Dec. 2-5, '95
Charlottesville, VA	June 13-16
Chicago, IL	May 9-12
Cincinnati, OH	Jan. 18-21
Columbus, OH	Mar. 23-26
Denver, CO	Feb. 1-4
Detroit, MI	Apr. 11-14
Des Moines, IA	Mar. 28-31
Fairbanks, AK	Apr. 17-20
Ft. Lee, NJ	Mar. 14-17
Ft. Worth, TX	Mar. 16-19
Hartford, CT	Mar. 7-10
Lakewood, NJ	Apr. 18-21
Lexington, KY	Apr. 11-14
Little Rock, AR	Mar. 14-17
Madison, WI	Feb. 29-Mar. 3
Minneapolis, MN	June 20-23
New Orleans, LA	June 13-16
New York, NY	Jan. 11-14
New York, NY	May 16-19
Oahu, HI	Apr. 18-21
Orlando, FL	Dec. 7-10, '95
Ottawa, ON	Mar. 21-24
Palm Beach, FL	Apr. 11-14
Philadelphia, PA	Jan. 25-28
Philadelphia, PA	June 1-4
Phoenix, AZ	June 6-9
Portland, ME	Mar. 28-31
Portland, OR	Mar. 8-11
Providence, RI	May 16-19
Rochester, NY	Mar. 9-12
Salt Lake City, UT	Jan. 11-14
San Diego, CA	Feb. 1-4
San Francisco, CA	Jan. 5-8
San Francisco, CA	May 2-5
Santa Barbara, CA	Jan. 11-14
Sarasota, FL	Jan. 25-28
Seattle, WA	Jan. 25-28
St. Louis, MO	Jan. 18-21
Tampa, FL	May 31-June 3
Toledo, OH	May 30-June 2
Toronto, ON	Dec. 14-17, '95
Toronto, ON	May 23-26
Tucson, AZ	Dec. 7-10, '95
Vancouver, BC	May 23-26
Virginia Beach, VA	Apr. 25-28
Washington, DC	Feb. 8-11
Wichita, KS	Jan. 11-14

CranioSacral Therapy II

Atlanta, GA	Mar. 14-17
Boston, MA	Dec. 14-17, '95
Charlottesville, VA	Dec. 7-10, '95
Chicago, IL	May 9-12
Cincinnati, OH	Jan. 18-21
Denver, CO	Feb. 1-4
Edmonton, AB	Mar. 29-Apr. 1
Ft. Lee, NJ	Mar. 14-17
Ft. Worth, TX	Mar. 21-24
Kansas City, KS	Mar. 21-24
New York, NY	May 16-19
Philadelphia, PA	June 1-4
Phoenix, AZ	June 6-9
Portland, OR	Dec. 2-5, '95
San Francisco, CA	Jan. 5-8
Santa Barbara, CA	May 9-12
Sarasota, FL	Jan. 25-28
Seattle, WA	Jan. 25-28
Toronto, ON	Dec. 14-17, '95
Toronto, ON	May 23-26
Vancouver, BC	May 23-26
Winnipeg, MB	Apr. 11-14

SomatoEmotional Release SMI

New York, NY	May 16-19
Portland, OR	June 27-30
Salt Lake City, UT	Jan. 11-14
San Francisco, CA	Jan. 5-8
Washington, DC	Feb. 8-11

SomatoEmotional Release SM II

Boston, MA	Dec. 14-17, '95
Toronto, ON	Feb. 15-18
Hartford, CT	Feb. 8-11
San Francisco, CA	May 2-5

Advanced I CranioSacral Therapy

Palm Beach, FL	Dec. 4-8, '95
----------------	---------------

Advanced II CranioSacral Therapy

Please call for dates and locations.

Aston Movement I

Albuquerque, NM	Mar. 28-31
Denver, CO	Jan. 27-30
New York, NY	Jan. 11-14
San Diego, CA	May 16-19

Aston Movement II

Please call for dates and locations.

Mind-Body Communication I

Please call for dates and locations.

Strain/CounterStrain

Tucson, AZ	Dec. 7-10, '95
------------	----------------

Lower Quadrant

Edmonton, AB	June 14-16
Fayetteville, AR	May 17-19
Kansas City, KS	Mar. 22-24

Upper Quadrant

Baton Rouge, LA	May 3-5
Toronto, ON	Feb. 16-18

Muscle Energy

Edmonton, AB	Dec. 14-17, '95
--------------	-----------------

Lower Quadrant

Bozeman, MT	Mar. 15-17
New York, NY	Jan. 12-14
Seattle, WA	Mar. 29-31
St. Louis, MO	Jan. 19-21
Tampa, FL	Feb. 23-25
Winnipeg, MB	Apr. 12-14

Upper Quadrant

Chicago, IL	May 9-11
Fairbanks, AK	Apr. 13-15
Minneapolis, MN	Mar. 29-31
Washington, DC	Feb. 9-11

Trauma Release Therapy I

San Diego, CA	Feb. 1-4
---------------	----------

Visceral Manipulation I-A

Baltimore, MD	Apr. 18-21
Columbus, OH	Mar. 23-26
Hartford, CT	Mar. 7-10
Milwaukee, WI	May 30-June 2
Oahu, HI	Apr. 18-21
Palm Beach, FL	Apr. 11-14
Philadelphia, PA	Jan. 25-28
Phoenix, AZ	June 6-9
Salt Lake City, UT	Jan. 11-14
Sydney, Australia	Jan. 11-13
Toronto, ON	Feb. 15-18
Vancouver, BC	Feb. 23-26

Visceral Manipulation I-B

Albuquerque, NM	Mar. 28-31
Denver, CO	Jan. 27-30
Hartford, CT	June 6-9
New York, NY	May 16-19
San Francisco, CA	Jan. 5-8
Sydney, Australia	Jan. 14-16

Visceral Manipulation II

Denver, CO	June 20-23
Philadelphia, PA	June 1-4
San Francisco, CA	May 2-5
Seattle, WA	Mar. 28-31
Toronto, ON	Dec. 14-17, '95

Practical Integration of Visceral Manipulation

Albuquerque, NM	Mar. 23-25
Denver, CO	Apr. 12-14

Additional dates and locations are added frequently. Please call 1-800-233-5880, Ext. 8901 for the most current listings.

Denver, CO Apr. 12-14

Advanced Visceral Manipulation

Albuquerque, NM June 13-16
Hartford, CT Feb. 8-11

Integrative Manual Therapy

Low Back and Lower Quadrant

Hartford, CT June 6-9

Shoulder, Thoracic Outlet and Upper Quadrant

Chicago, IL June 20-23
Denver, CO Feb. 1-4
San Diego, CA May 16-19
Toronto, ON Dec. 14-17, '95

Mechanical Link I

Palm Beach, FL Feb. 3-6

Mechanical Link II

Palm Beach, FL Feb. 9-12

Mechanical Link III

Palm Beach, FL Feb. 15-18

Holoenergetics I

Albuquerque, NM June 14-16
Denver, CO April 12-14
Palm Beach, FL Feb. 9-11
San Francisco, CA Dec. 8-10, '95

Spinal Release I

New York, NY Dec. 1-3, '95
Palm Beach, FL Feb. 3-5

Fascial Mobilization I

Please call for dates and locations.

Energy Integration I

Boston, MA April 18-21
Philadelphia, PA Jan. 18-21
San Francisco, CA May 2-5
Toronto, ON May 23-26

St. John Method of Neuromuscular Therapy

Cervical Injuries, Postural Analysis and Pelvic Stabilization

Albuquerque, NM Mar. 1-3
Allentown, PA Jan. 26-28
Atlanta, GA Mar. 15-17
Boston, MA Dec. 15-17, '95
Berkeley Springs, WV May 3-5
Buffalo, NY Apr. 12-14
Calgary, AB Mar. 22-24
Chicago, IL June 21-23
Cincinnati, OH Dec. 8-10, '95

Columbia, SC Feb. 23-25
Denver, CO June 14-16
Edmonton, AB June 14-16
Fairbanks, AK Apr. 19-21
Ft. Myers, FL Apr. 26-28
Houston, TX Feb. 23-25
Lakewood, NJ Apr. 19-21
Madison, WI May 31-June 2
Pensacola, FL Feb. 23-25
Pittsburgh, PA Mar. 22-24
Portland, OR Dec. 8-10, '95
San Francisco, CA Dec. 8-10, '95
Seattle, WA Jan. 26-28
St. Louis, MO Jan. 19-21
Tampa, FL Jan. 19-21
Vancouver, BC May 24-26
Wichita, KS Apr. 12-14
Winnipeg, MB Mar. 8-10
Youngstown, OH Feb. 16-18

Pain Mechanisms of the Low Back

Albuquerque, NM June 14-16
Allentown, PA Mar. 29-31
Baltimore, MD Mar. 29-31
Boston, MA Apr. 19-21
Boulder, CO Dec. 1-3, '95
Cincinnati, OH May 17-19
Ft. Lauderdale, FL Jan. 12-14
Jacksonville, FL Apr. 19-21
Madison, WI Mar. 1-3
Maui, HI Dec. 8-10, '95
New Orleans, LA June 14-16
New York, NY Dec. 1-3, '95
Palm Springs, CA April 19-21
Pensacola, FL May 31-June 2
Portland, OR June 14-16
San Francisco, CA Feb. 16-18
Seattle, WA May 10-12
Youngstown, OH June 7-9

Shoulder, Upper Torso, Spinal Column and Extremities

Allentown, PA June 21-23
Boulder, CO Mar. 8-10
Cedar Rapids, IA March 29-31
Columbus, OH April 26-28
Detroit, MI May 3-5
Ft. Lauderdale, FL Mar. 15-17
Knoxville, TN Mar. 15-17
New York, NY Mar. 15-17
Orlando, FL Dec. 1-3, '95
Phoenix, AZ Dec. 8-10, '95
San Francisco, CA June 7-9
Toronto, ON Mar. 1-3
Virginia Beach, VA Dec. 1-3, '95

TMJ Dysfunction, Hands, Feet and Eyes

Boulder, CO June 21-23
Dallas, TX May 31-June 2
Ft. Lauderdale, FL May 31-June 2
Houston, TX Dec. 15-17, '95
Maui, HI Dec. 2-4, '95

Portland, OR Mar. 22-24
Salt Lake City, UT Mar. 1-3
San Diego, CA Jan. 26-28
Saskatoon, SK Jan. 26-28
Tucson, AZ Mar. 8-10
Virginia Beach, VA Mar. 8-10

Neuromuscular Components of Cranial Decompression and Scoliosis

Allentown, PA Dec. 8-10, '95
Berkeley Springs, WV Feb. 2-4
Chicago, IL Feb. 16-18
Dallas, TX Feb. 9-11
Denver, CO Feb. 9-11
Dubuque, IA Feb. 2-4
Edmonton, AB Dec. 15-17, '95
Ft. Myers, FL Jan. 26-28
Houston, TX April 12-14
Madison, WI Dec. 1-3, '95
Minneapolis, MN Mar. 29-31
Raleigh, NC May 10-12
Saskatoon, SK May 3-5
Tampa, FL May 31-June 2
Vancouver, BC Feb. 23-25

Zero Balancing: Core Program - Seg. I & II

Chicago, IL May 9-12
Detroit, MI May 2-5
Fayetteville, AR Jan. 18-21
Hartford, CT Mar. 7-10
Madison, WI Feb. 29-Mar. 3
Palm Beach, FL Feb. 15-18
Portland, ME June 20-23
Salt Spring Island, BC Apr. 20-23
San Francisco, CA Dec. 7-10, '95
Santa Cruz, CA Feb. 1-4
Tucson, AZ Mar. 21-24
Washington, DC Apr. 11-14

Zero Balancing - Alchemy of Touch

Santa Cruz, CA Apr. 25-28

Zero Balancing - Geometry of Healing

Please call for dates and locations.

Process Acupressure I

Boston, MA Feb. 22-25
Dallas, TX May 30-June 2
Hartford, CT June 6-9
Philadelphia, PA Apr. 18-21
Rochester, NY Mar. 9-12
San Francisco, CA Dec. 7-10, '95
Seattle, WA May 9-12
Tucson, AZ Mar. 8-11

Process Acupressure II

New York, NY June 6-9
Santa Cruz, CA Feb. 16-19

Process Acupressure III

Hartford, CT Apr. 24-28

Letters

Dear Upledger Institute:

I wanted to share with you what I wrote in my journal today because, like your wonderful methods, you have facilitated a change in my mental body.

As far as my healing goes, the body no longer just speaks to me — I hear its whispers also. The body and mind are truly one component, if I use that word, and while working with the body it profoundly influences our mind, which influences our state of being. How dynamic to this concept. It is totally integratory. By working with the physical, one can influence the energetic levels and vice versa. Sensing when the body whispers and the wisdom it offers up to guide both me as a therapist and my client as the owner of the body is wonderful and extremely healing. Not just the emotions and mind of a person send me messages, but the body's whispers are clearly heard — and how sensitive is the

body to the life force animating it. The body is a wonderful sensory hologram. One part clearly mirrors the whole ...

I love how CranioSacral Therapy I has gently guided me in this direction. It has taken my work to a whole new level. I am more refined, more intuitive than ever.

I cannot wait to continue this journey with CSII.

Joanne Levi, L.M.T.

Dayton, Ohio

Dear Dr. Upledger:

I want to tell you how much I enjoyed attending your symposium in Vancouver, BC recently. I can tell that the experience of watching you work is already changing my practice. I seem to be much less reliant on protocols and more willing to let my hands and energy go where they need to go for each client. It also seems to me that my sensitivity has increased because of the intense emotional and energetic involve-

ment that comes with sitting in on a group like that.

I was particularly intrigued with the yes/no dialogue you did using the cranial rhythm. When I returned from the symposium, I started wondering if I could use that technique on myself. I have an energy cyst in my left lung and pericardium that I have been aware of for a long time. By asking my cranial rhythm, I was able to determine that the energy was deposited when I was 20 months old as a result of having a tooth pulled. The dentist used nitrous oxide, and the terror of having a mask put over my face and not being able to breathe was enough to lock a big lump of energy in my chest.

After the symposium, I related this story to my practitioner. He put one finger on right side Stomach 3 and the other hand over the energy cyst, and I immediately started to unwind. Within five minutes I was in a seated position with my head being jerked back

Speaking Engagements

Dec. 4-10, 1995	National Institute for Clinical Application of Behavioral Medicine	Hilton Head, NC
Dec. 5, 1995	John E. Upledger, D.O., O.M.M.: <i>Finding and Interpreting the Messages from the Inner Self</i>	
Dec. 7, 1995	John E. Upledger: <i>The Body-Mind-Spirit Reunion</i>	
Dec. 6-10, 1995	American Massage Therapy Association National Convention	Boston, MA
Dec. 7-8, 1995	Paul St. John, L.M.T.: <i>Righting Reflexes and Structural Homeostasis</i>	
Dec. 7-8, 1995	David Kent, L.M.T., C.N.M.T.: <i>Dissection Exploration of the Human Body</i>	
Dec. 9, 1995	David Dolan: <i>Objective Structural Findings in Massage Therapy: The Key to Insurance Reimbursement and Specialty Physician Referrals</i>	
Dec. 8, 1995	Kenneth I. Frey	New York, NY
June 12, 1996	John E. Upledger: TBA	Oslo, Norway
Sept. 21, 1996	John E. Upledger: <i>CranioSacral Therapy: Recognizing the Body-Mind Connection</i>	Washington, D.C.

Letters

seated position with my head being jerked back and forth like my tooth was being pulled. Dani said a huge blast of heat came out of the top of my head, after which I promptly threw up. I'm sure this was in part a toxic reaction to the nitrous oxide, because I could taste it. I attribute the speed and power of this release directly to attending your symposium. Having a strong background in physics, I am intrigued by how cranial work blends "right and left brain" aspects into a single whole, as well as incorporating the lessons I have learned from Tai Chi, especially "Pushing Hands."

Each class I take from the Institute continues to be even more of a religious experience than the last. I am looking forward to taking many more courses in the next few years. Thanks again.

Tim Hutton, L.M.P.
Bellingham, Washington

Advanced II CST Class

Shown left to right, Back row: Zannah Steiner, C.M.P., R.M.T., Sidney Louise Vaello Quiroga, R.M.T., C.M.P., Preceptor Vince Black, C.A., Evelyn O'Leary, R.N., L.P.C., Preceptor Greg Sipp. Front row: David Berenbaum, P.T., Kathleen Amber, Carol Fienhage, C.M.T., Linda Vanarsdall, M.T., Wendy Rundel, L.M.T., Wolfgang Bauermeister, M.D., Ph.D., Cathy Pliscof, P.T.



Upledger HealthPlex Presents:

Intensive Programs for 1996

The Upledger Institute, Inc., HealthPlex Clinical Services has expanded the scope of its Intensive Programs, and the reception has been outstanding. Ranging from one to two weeks in length, intensive therapy programs are staffed with a greater than one-to-one ratio of therapists to participants, and a variety of treatment modalities are utilized to complement CranioSacral Therapy and SomatoEmotional ReleasesSM.

The 1996 schedule for the Intensive Therapy Programs is:

Learning Disabled Children: Psychoneural Education

April 1-5, 1996
August 5-9, 1996

Brain & Spinal Cord Dysfunction: Improving Function and Structure

January 8-19, 1996
January 22-February 2, 1996
February 5-16, 1996
February 26-March 8, 1996
March 11-22, 1996
April 8-19, 1996
April 22-May 3, 1996

May 13-24, 1996
June 10-21, 1996
July 22-August 2, 1996
August 12-23, 1996
August 26-September 6, 1996
September 16-27, 1996
September 30-October 11, 1996
October 28-November 8, 1996
November 18-22, 1996 (Recheck)
December 2-13, 1996

Therapist Rejuvenation: Dealing with Burnout

February 19-23, 1996
May 6-10, 1996
November 11-15, 1996

Pain: A Search for the Source

March 25-29, 1996
June 24-28, 1996
December 16-20, 1996

Post Traumatic Stress: Facilitating Recovery

May 27-June 7, 1996

Cancer Recovery: Adjunctive Therapies

October 14-25, 1996

Autism: Initiating Developmental Gains

July 15-19, 1996

TMJ/Migraine: Symptom Relief Through Structural Correction

September 9-13, 1996

Please call The Upledger Institute's HealthPlex Clinical Services at 407-622-4706 (fax 407-627-9231) for more program information.

Full Page: 7-1/2" x 10"

\$230.00

4-3/4"

1/2 Page

\$155.00

7-1/2"

14

3-1/2"

3-1/2"

Business
Card

2"

\$50.00

4-3/4"

1/4 Page

\$100.00

IAHP Directory Advertising Deadlines

Jan. 1, 1996—Space reservations due. Indicate ad size as outlined above.

Jan. 31, 1996—Ad materials and full payment due.

Ads must be submitted as black & white camera-ready artwork only. Photocopies cannot be accepted. Materials that do not meet correct specifications will be returned. If you have questions regarding advertising only, please contact Sharon Desjarlais at (407) 622-4334, Ext. 360.

IAHP Memberships

International Association of Healthcare Practitioners (IAHP) memberships are available to healthcare practitioners as a way to meet our goals of uniting the prevailing and innovative approaches in today's healthcare. We've added new benefits to accompany 1996 membership, including a home page on the Internet with a members-only password and free membership in the American CranioSacral Therapy Association (where applicable).

Members can advertise in the IAHP Directory as well. To be eligible to place an ad or ensure being listed as an IAHP member (in boldface) in the upcoming 1996 Directory, we must receive your membership application and payment by January 15, 1996. Ad materials and payment are due by January 21, 1996.

IAHP offers several levels of membership with increasingly valuable benefits:

IAHP MEMBERSHIP PROGRAM

Member Level	Cost	Assoc. Member	Free Directory	Association Newsletter	Product Coupons	or	Tuition Vouchers	Advertising Credit	Clinical Precept
A	1 year	Yes	Yes	Yes	0	or	0	0	0
	5 year	Yes	Yes	Yes	0	or	0	0	0
B	1 year	Yes	Yes	Yes	15% off	or	\$25 off	0	0
	5 year	Yes	Yes	Yes	(5x) 15% off*	or	\$125*	0	0
C	1 year	Yes	Yes	Yes	25% off	or	\$50 off	\$30	\$30
	5 year	Yes	Yes	Yes	(5x) 25% off**	or	\$250**	\$150	\$150

Level A
Level B
Level C

1-year membership \$25
1-year membership \$50
1-year membership \$125

5-year membership \$100 (a \$25 savings)
5-year membership \$200 (a \$50 savings)
5-year membership \$500 (a \$125 savings)

Five-year members receive certificates suitable for framing.

*This membership includes your choice of a total of five tuition vouchers (\$25 each) and/or select product coupons (15% off).

**This membership includes your choice of a total of five tuition vouchers (\$50 each) and/or select product coupons (25% off).

Membership Form—International Association of Healthcare Practitioners

Mail to: IAHP, 11211 Prosperity Farms Road, D-325, Palm Beach Gardens, FL 33410-3487, or fax credit card order to: 407-622-4771

Select one Membership Level 1-Year Level A (\$25) 1-Year Level B (\$50) 1-Year Level C (\$125)
(See above for information on levels.) 5-Year Level A (\$100) 5-Year Level B (\$200) 5-Year Level C (\$500)

(Only one character per space.)

First Name _____ Professional Title _____

Last Name _____

Address _____

City _____ Ste./Apt. _____

State _____ Zip _____ Country _____

Home Phone _____ Work Phone _____

(I would prefer that my home phone work phone be listed in the directory. If not specified, I understand that my work phone will be listed.)

My payment is by: Check (payable to Institute for Seminars, Inc) Visa MasterCard AmEx Discover

Card # _____ Expiration Date _____

Card holder Signature _____

I'm interested in advertising in this coming issue of the IAHP Directory. (Please see facing page for advertising dimensions and deadlines.)



International Association of Healthcare Practitioners • 11211 Prosperity Farms Road, D-325 • Palm Beach Gardens, FL 33410-3487 • (407) 622-4334

Since one of IAHP's goals is to serve as a hub for sharing information worldwide, the Connection accepts classified ads. Watch this space for services or positions that might interest you, or let others know what you're offering.

Ads are \$5 for each 30 characters (counting punctuation and spaces as characters). Call 1-800-233-5880, Ext. 8901, for more information, or write out your ad and send it with payment to:

IAHP Connection—Classified Ads, 11211 Prosperity Farms Road, D-325, Palm Beach Gardens, Florida 33410-3487, or fax with your MasterCard, Visa, Discover or American Express card number and expiration date, including your signature, to 407-622-4771.

Classified Ads

Tutoring for CSI, II and SER available at reasonable rates in San Francisco Bay area. Also available to facilitate study groups. Nancy - 510-526-0115.

Neuromuscular Therapist. Full-time position available with growing western Massachusetts NMT practice. Friendly, supportive team, pleasant work environment. Clinical experience and NMT certification preferred. Please send letter and resume to: HPRC, PO Box 1442, Greenfield, MA 01302.

Multiple hands-on sessions in Philadelphia-K of P area. 215-923-1632.

Attention Qualified Therapists. An established massage therapy practice is expanding and has a space available for an independent contractor/massage therapists. Please send resume, copies of certificates and licenses (Master Business and Professional) to 207 Orondo, Ste #11, Wenatchee, WA 98801.

Don't delay. Place your ad now for the spring issue.

*Your Classified Ad
Could Be Here!*

Introducing Lymph Drainage Therapy

You told us you want it; now it's here! Upledger is pleased to announce its affiliation with Bruno Chikly, M.D., to present his unique Lymph Drainage Therapy (LDT) seminars.

LDT is derived from a technique widely used in European mainstream medicine. The lymph, a liquid likened to cerebral fluid, is carried throughout the body to cleanse the tissues of toxins as it stimulates the immune system. LDT is a light-touch therapy that enables practitioners to feel the rhythm and thereby affect the flow of the lymphatic system.

Lymph Drainage Therapy's main effects include:

- Activation of fluid circulation to improve edema, swollen legs and skin quality,
- Absorption of large proteins, toxins and fat molecules to detoxify and rejuvenate tissues and to improve cellulite, chronic fatigue syndrome, fibromyalgia and other conditions,
- Stimulation of the immune system as preventive health maintenance for chronic conditions such as sinusitis, acne and allergy, and
- Deep relaxation and rhythmic effects for stress, insomnia, low vitality and depression.

An appreciated sidelight is smoothing of wrinkles and cellulite loss when enhancing the flow of the lymph throughout the body. Lymph Drainage Therapy is thus also used to improve the effects of aging, with remarkable success.

Dr. Chikly's approach is based on this doctoral dissertation, which was awarded the Medal of Medical Faculty of Paris VI, in France. His presentations of Lymph Drainage Therapy have been acclaimed in Switzerland, Belgium, Sweden, Canada, Israel, Tunisia and Brazil.



Bruno Chikly, M.D.

Lymph Drainage Therapy - 1996

Denville, NJ	Oct. 24-27
Hartford, CT	Sept. 19-22
Palm Beach, FL	July 11-14
Philadelphia, PA	June 6-9
Seattle, WA	Aug. 10-13
Toronto, ON	May 23-26

For more information on Lymph Drainage Therapy seminars, please call 1-800-233-5880, Ext. 8901.